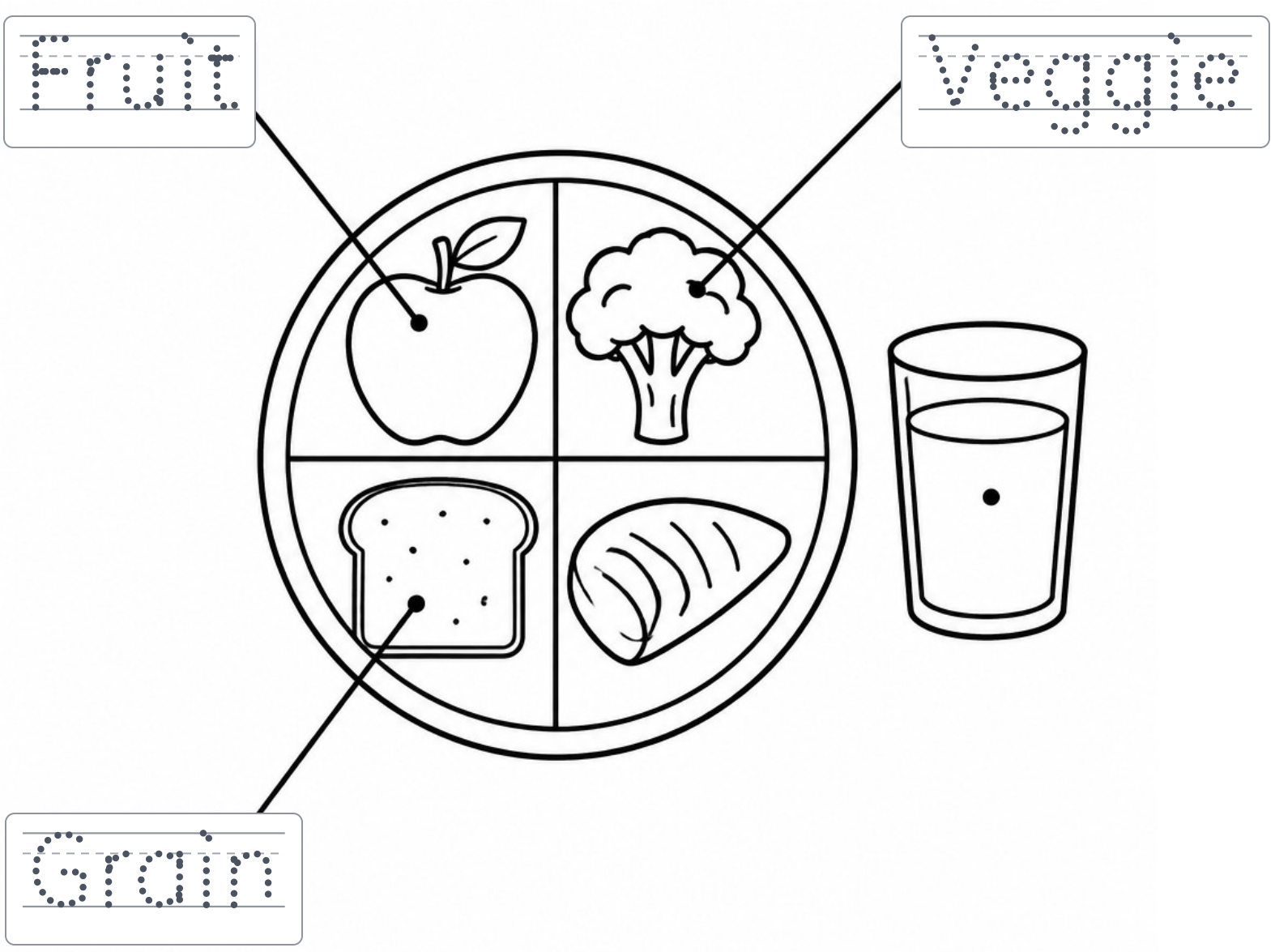
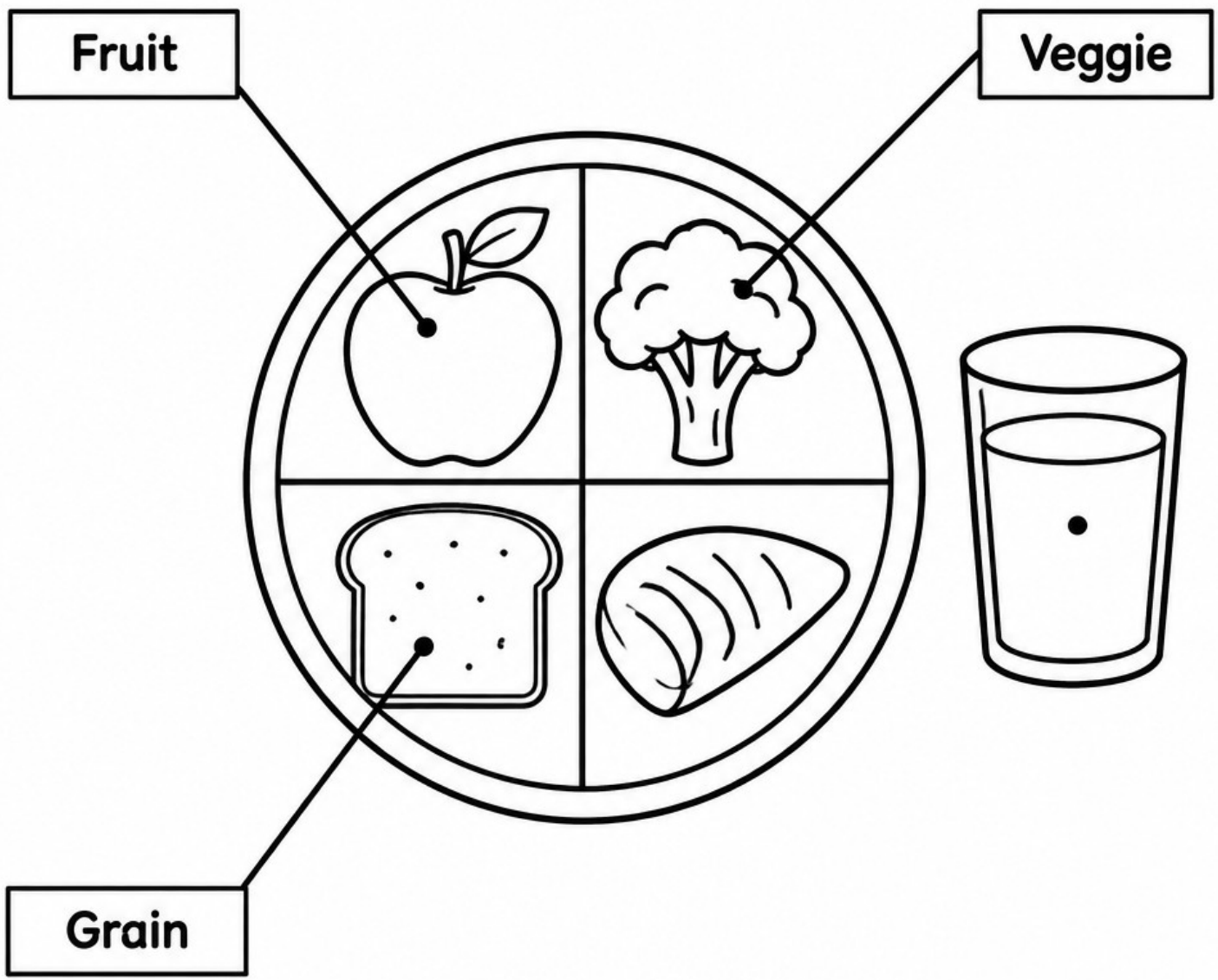
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Name _____ Date _____

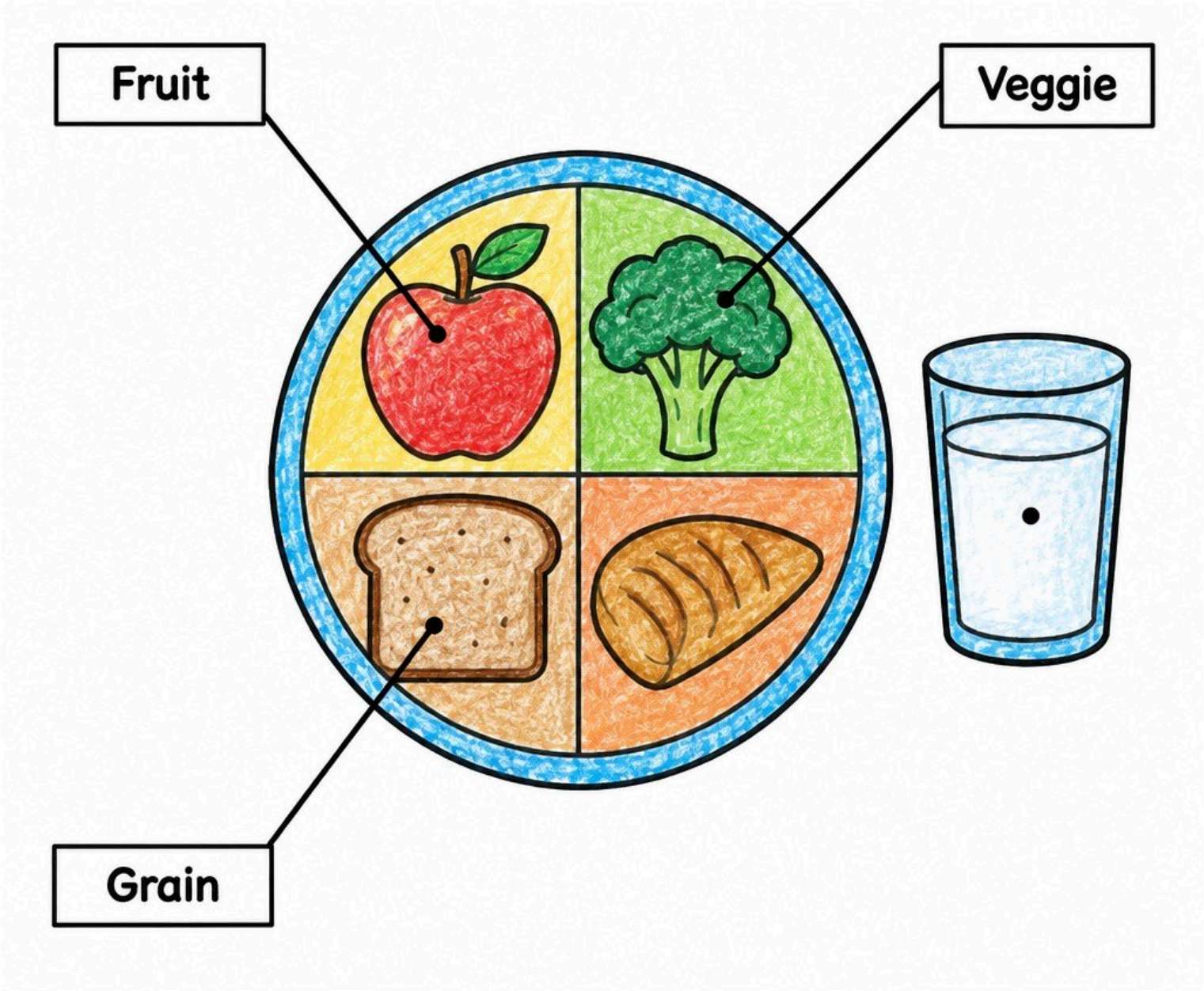
My Balanced Food Plate



My Balanced Food Plate



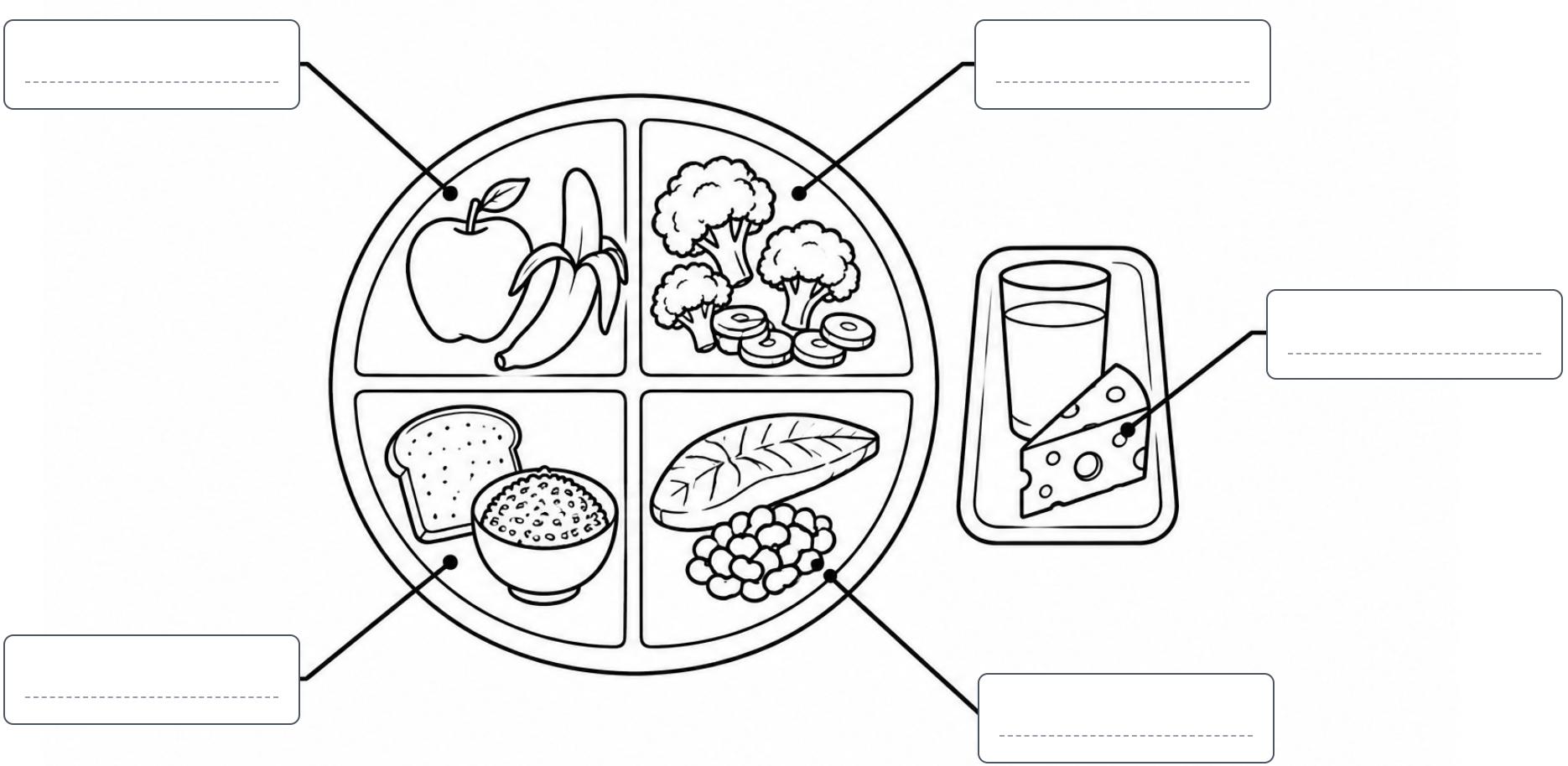
My Balanced Food Plate



Write the missing words. Use the word bank.

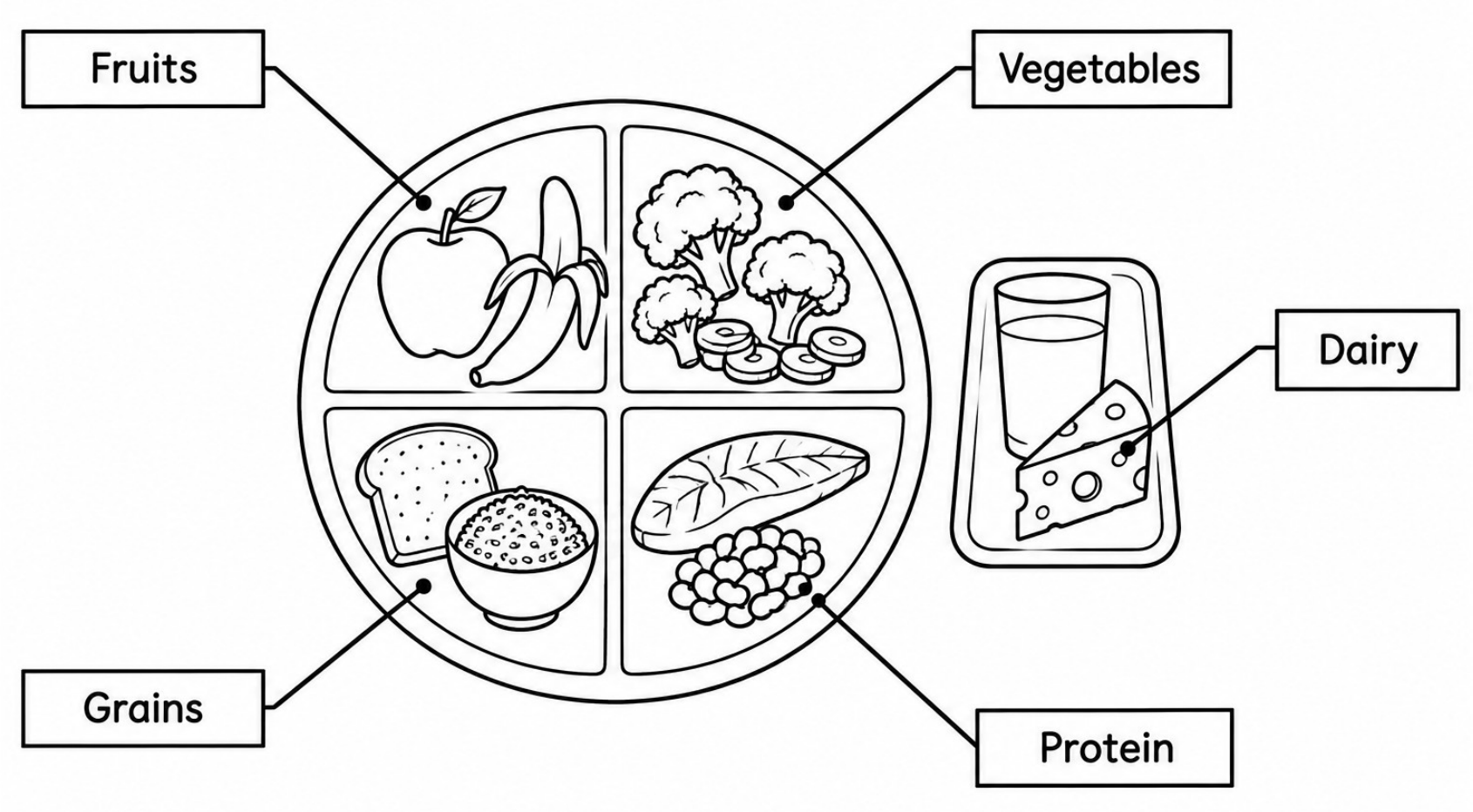
Name _____ Date _____

The Five Food Groups

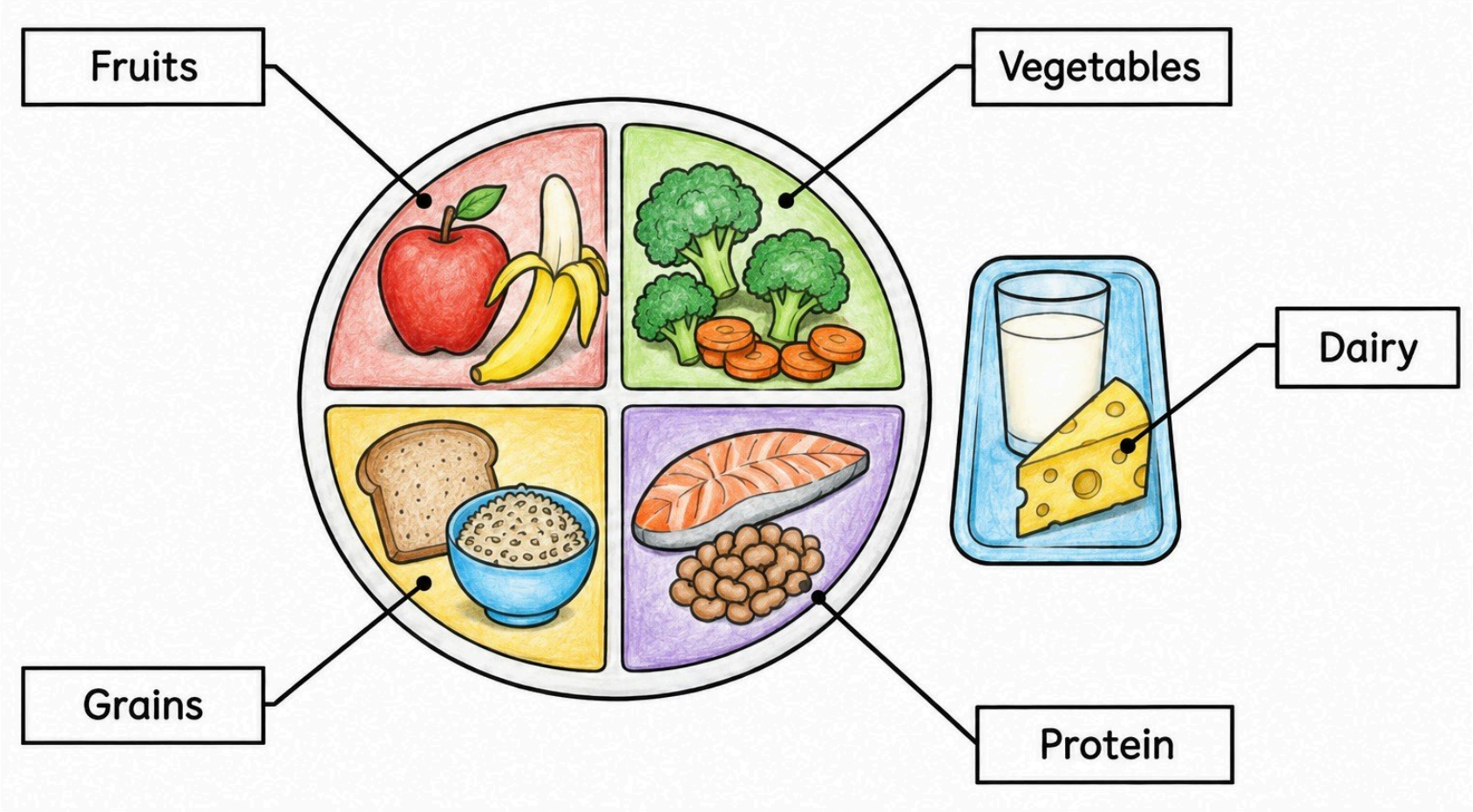


WORD BANK Fruits • Vegetables • Grains • Dairy • Protein

The Five Food Groups



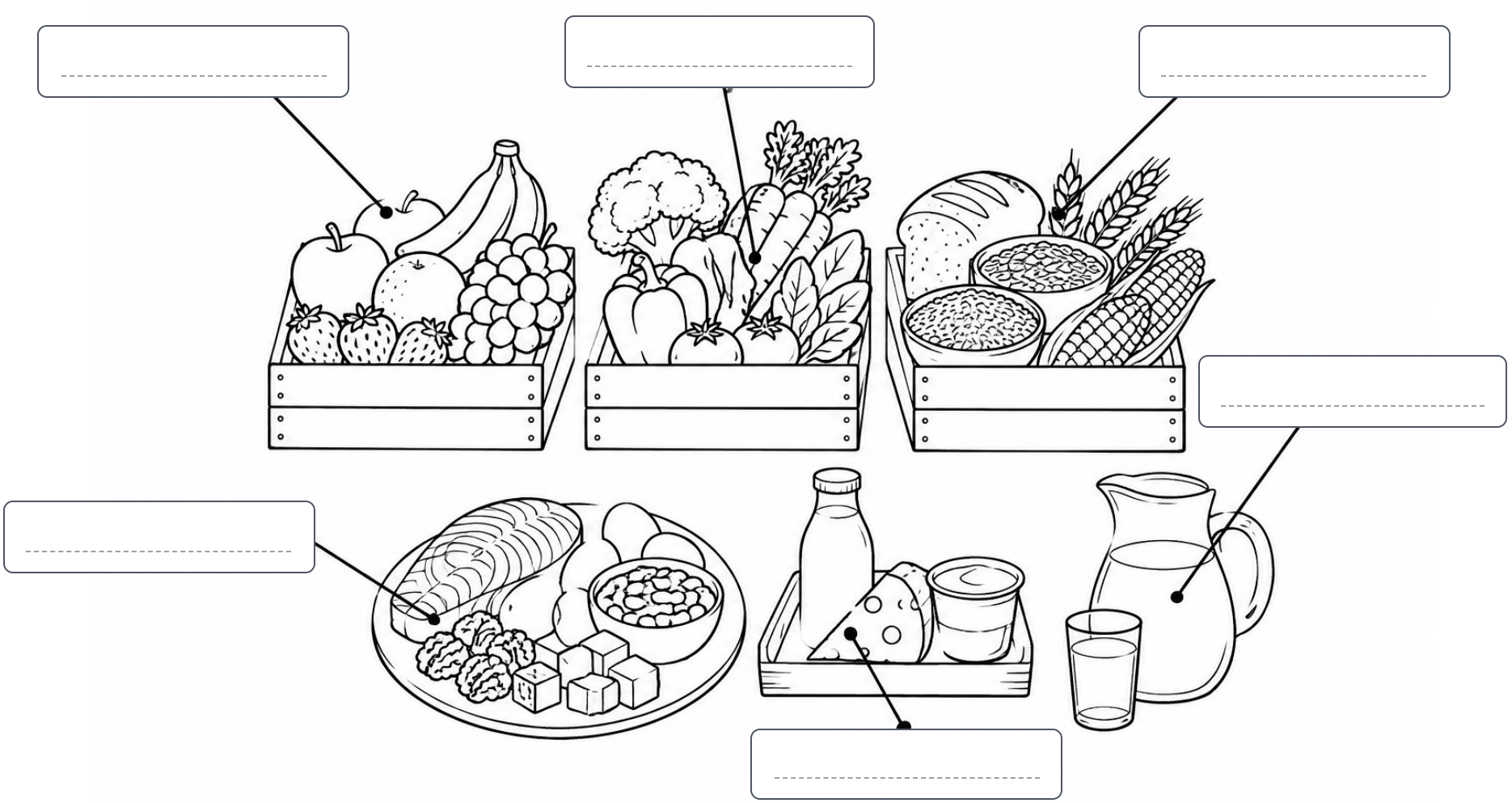
The Five Food Groups



Write the missing words. Use the word bank.

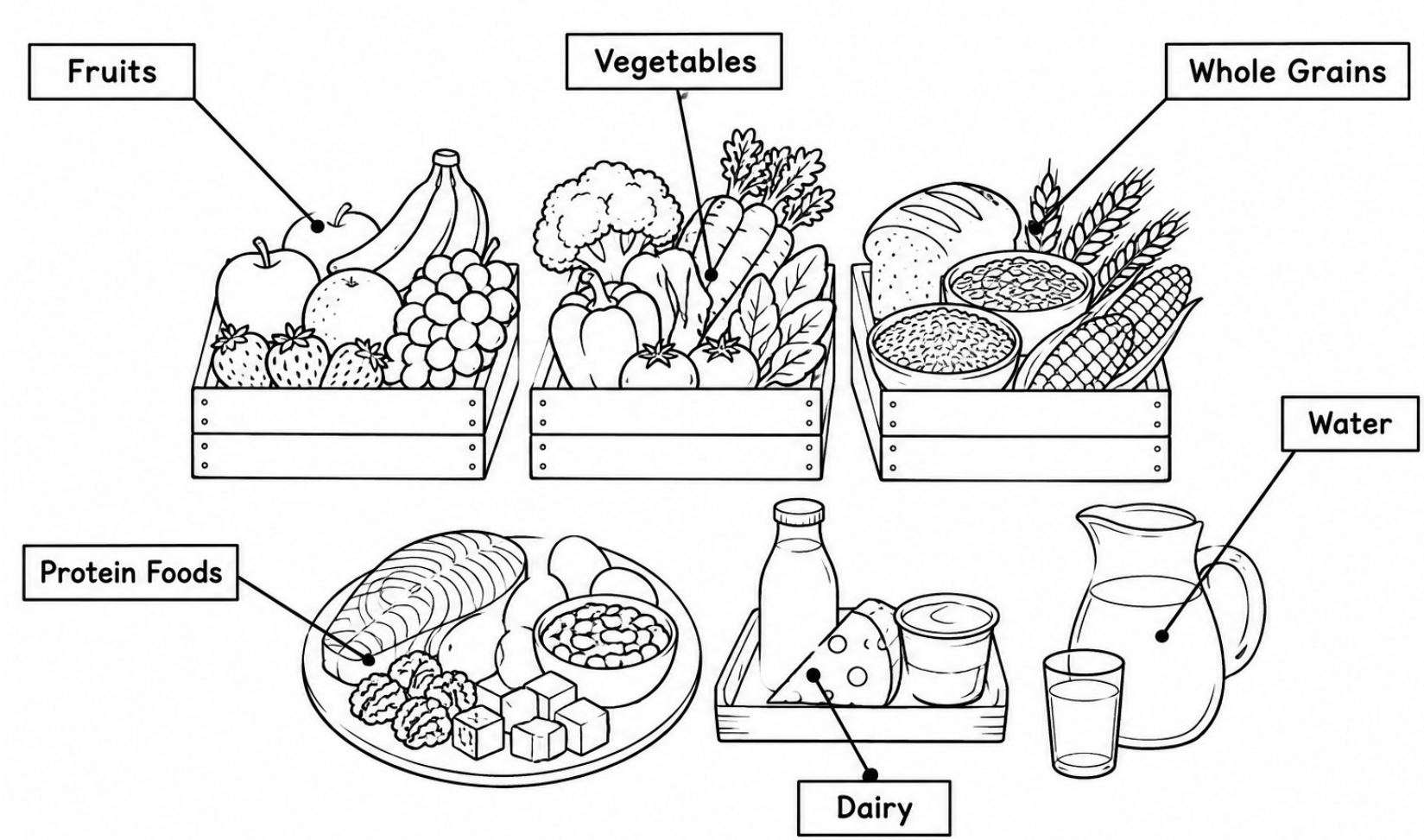
Name _____ Date _____

Exploring All Food Groups

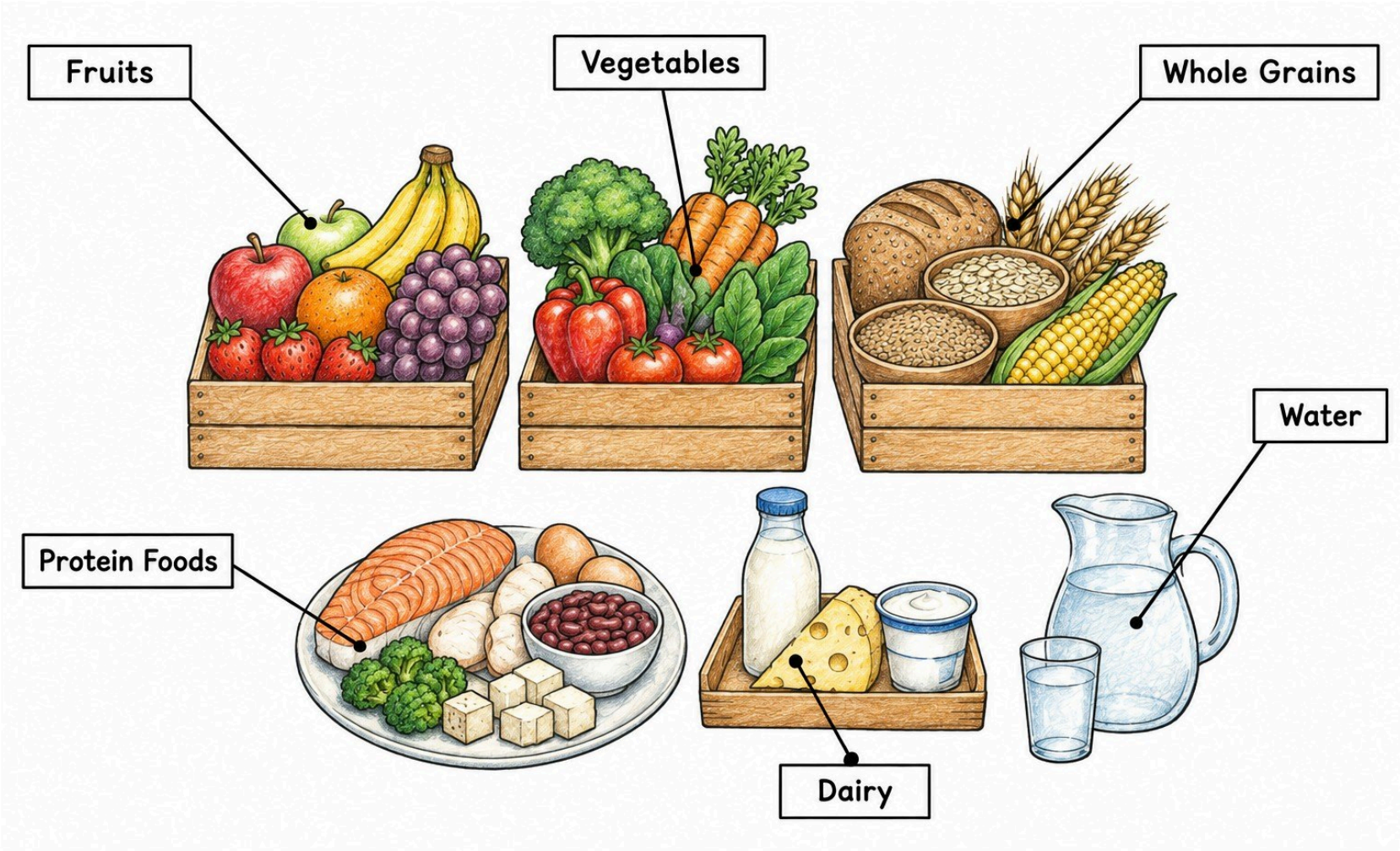


WORD BANK Water • Fruits • Vegetables • Dairy • Whole Grains • Protein Foods

Exploring All Food Groups



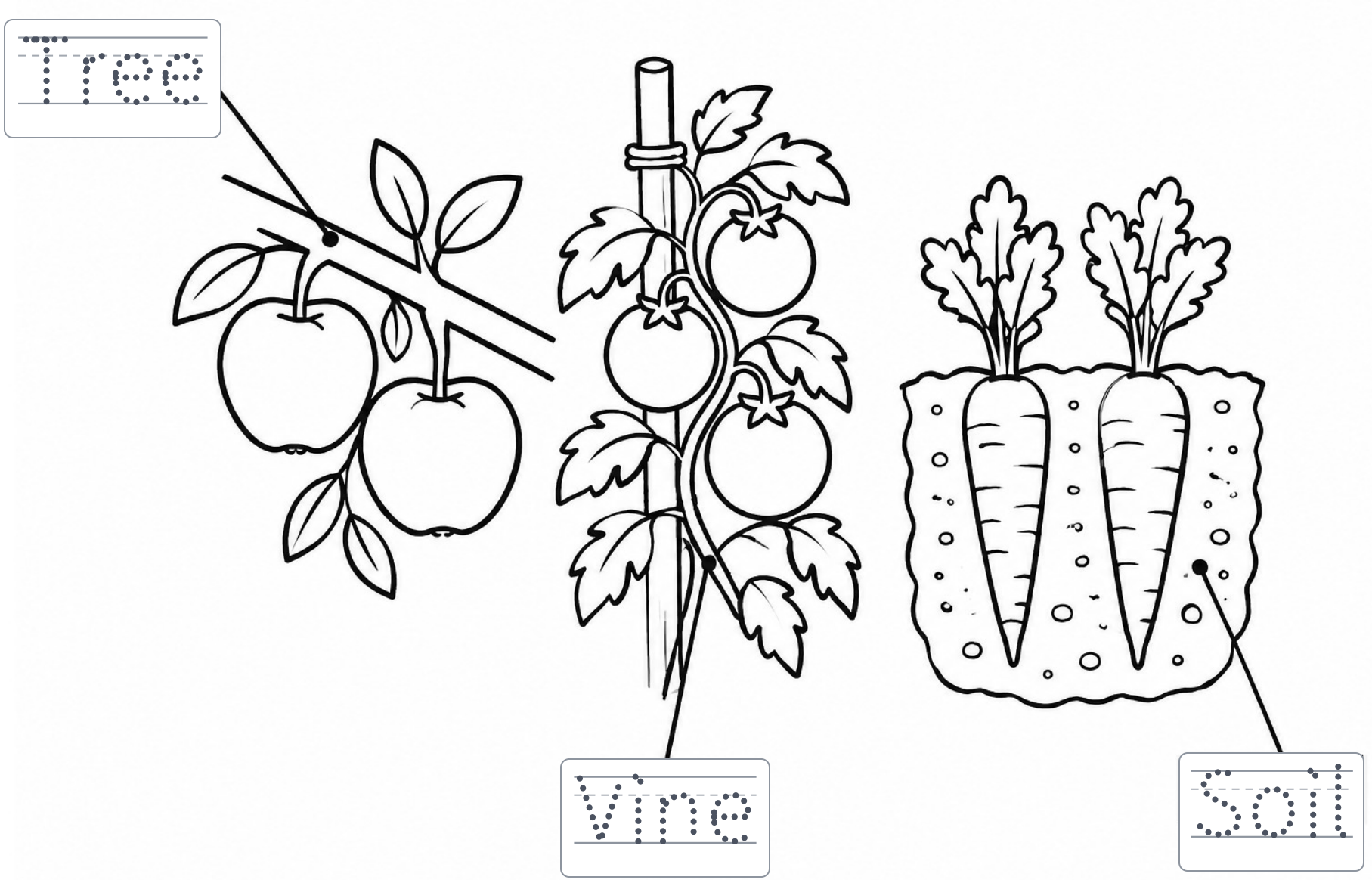
Exploring All Food Groups



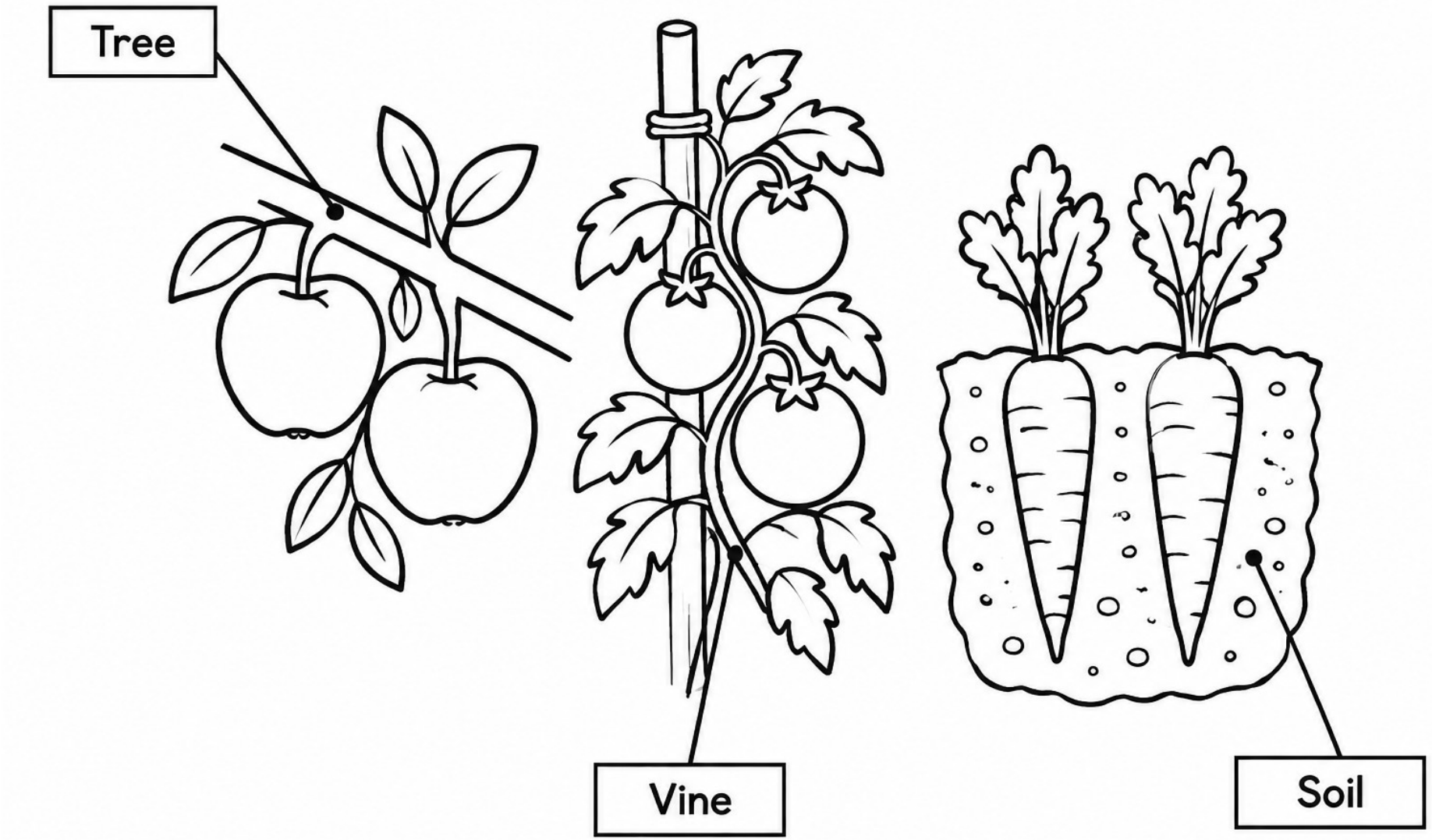
Trace the words. Then color the picture.

Name _____ Date _____

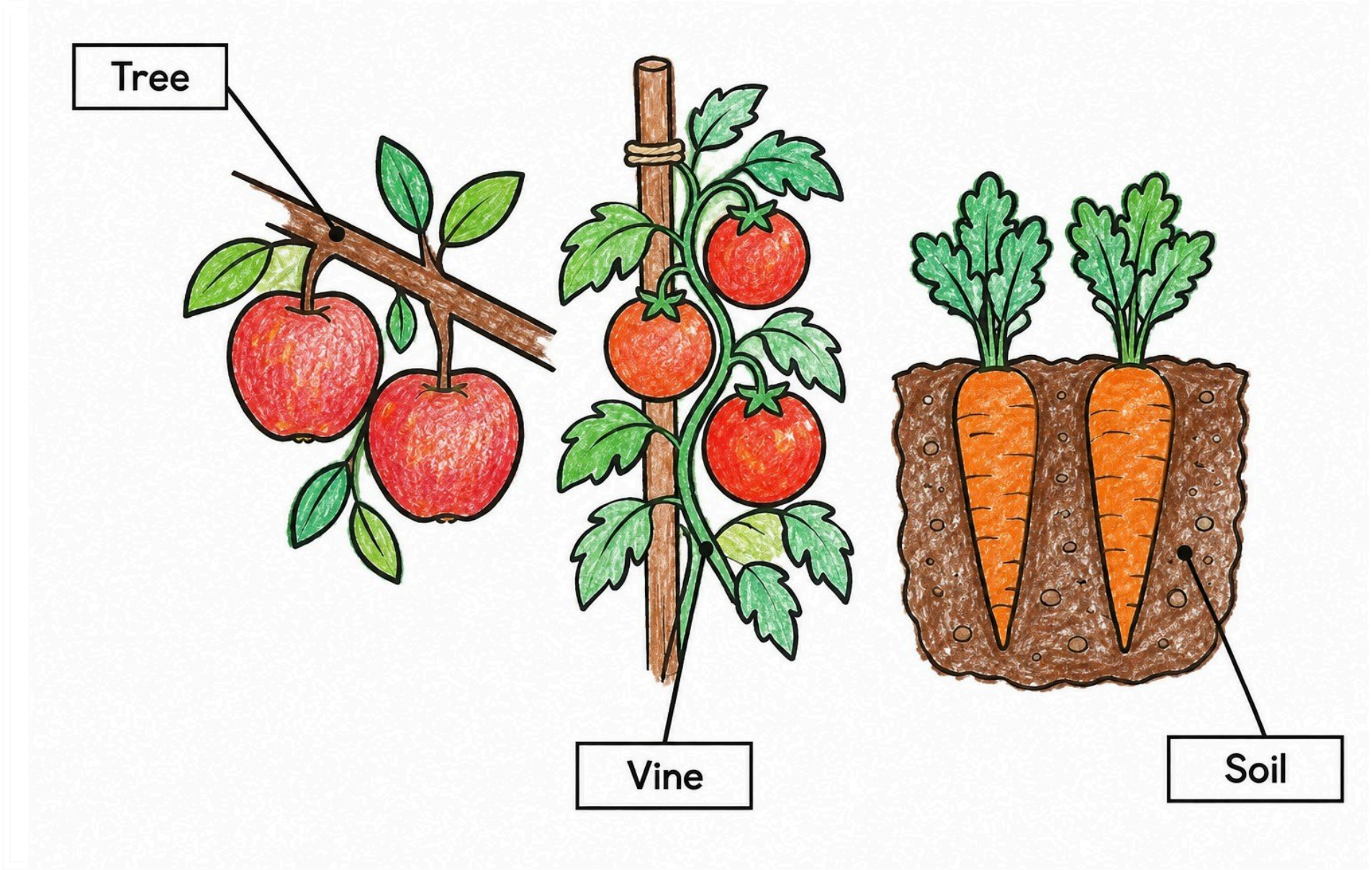
Where Plant Foods Grow



Where Plant Foods Grow



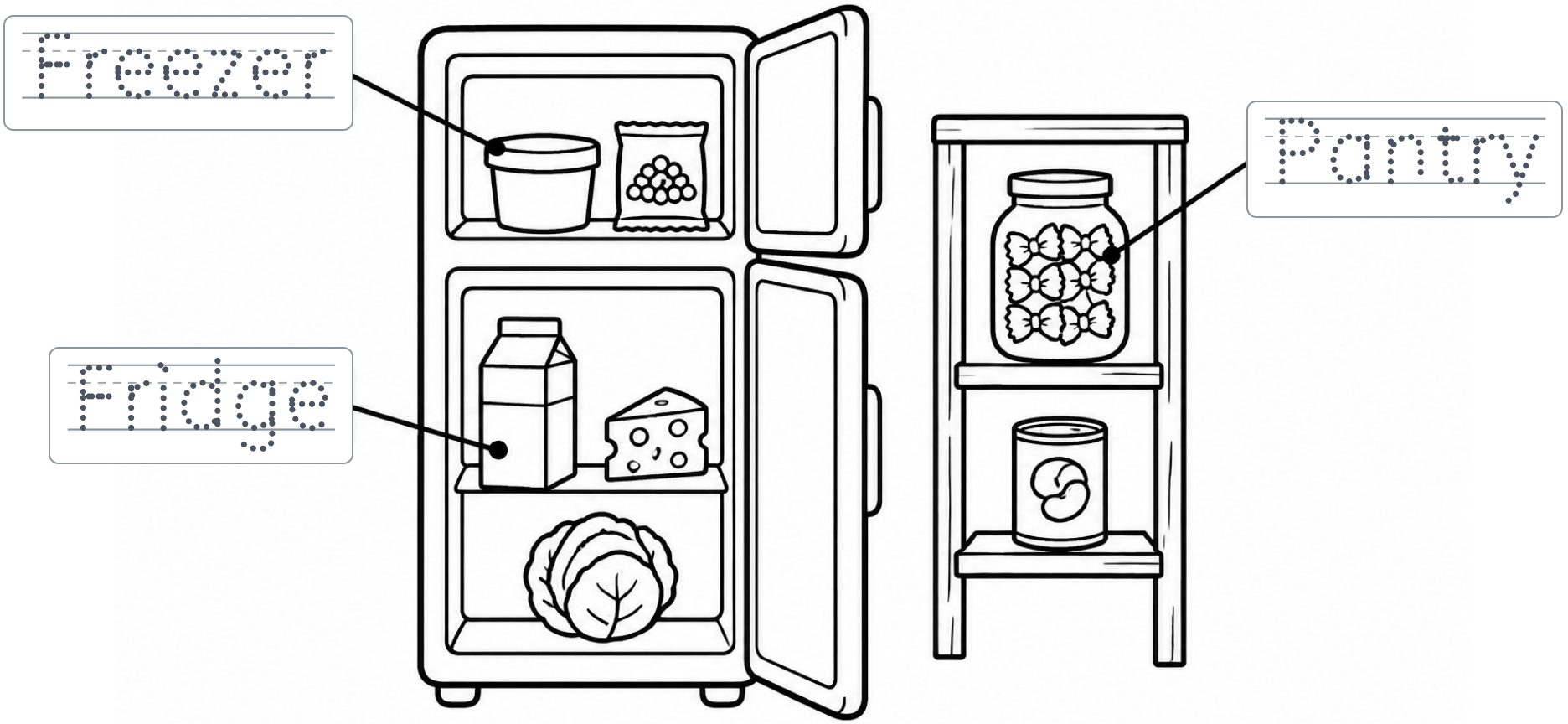
Where Plant Foods Grow



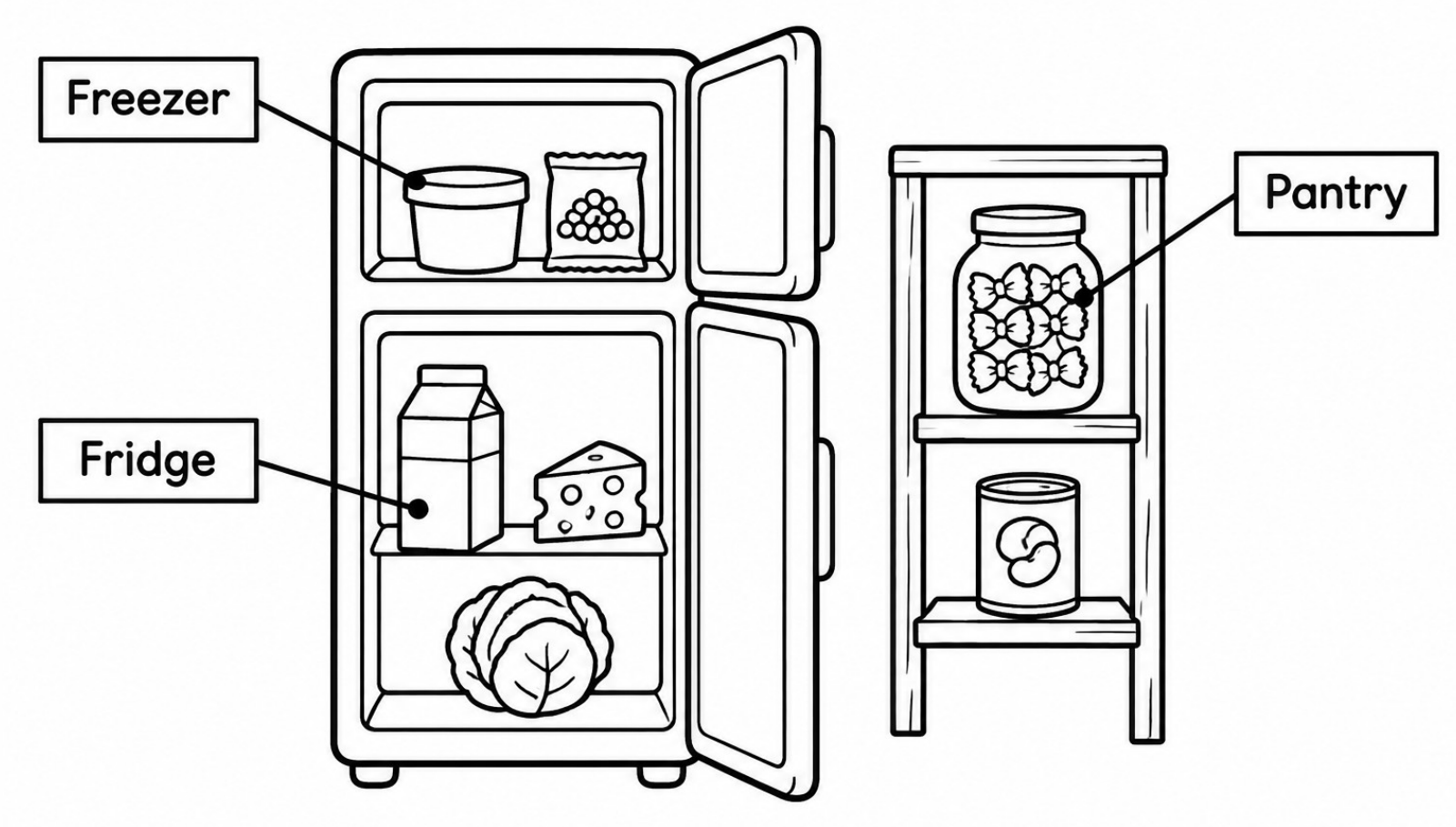
Trace the words. Then color the picture.

Name _____ Date _____

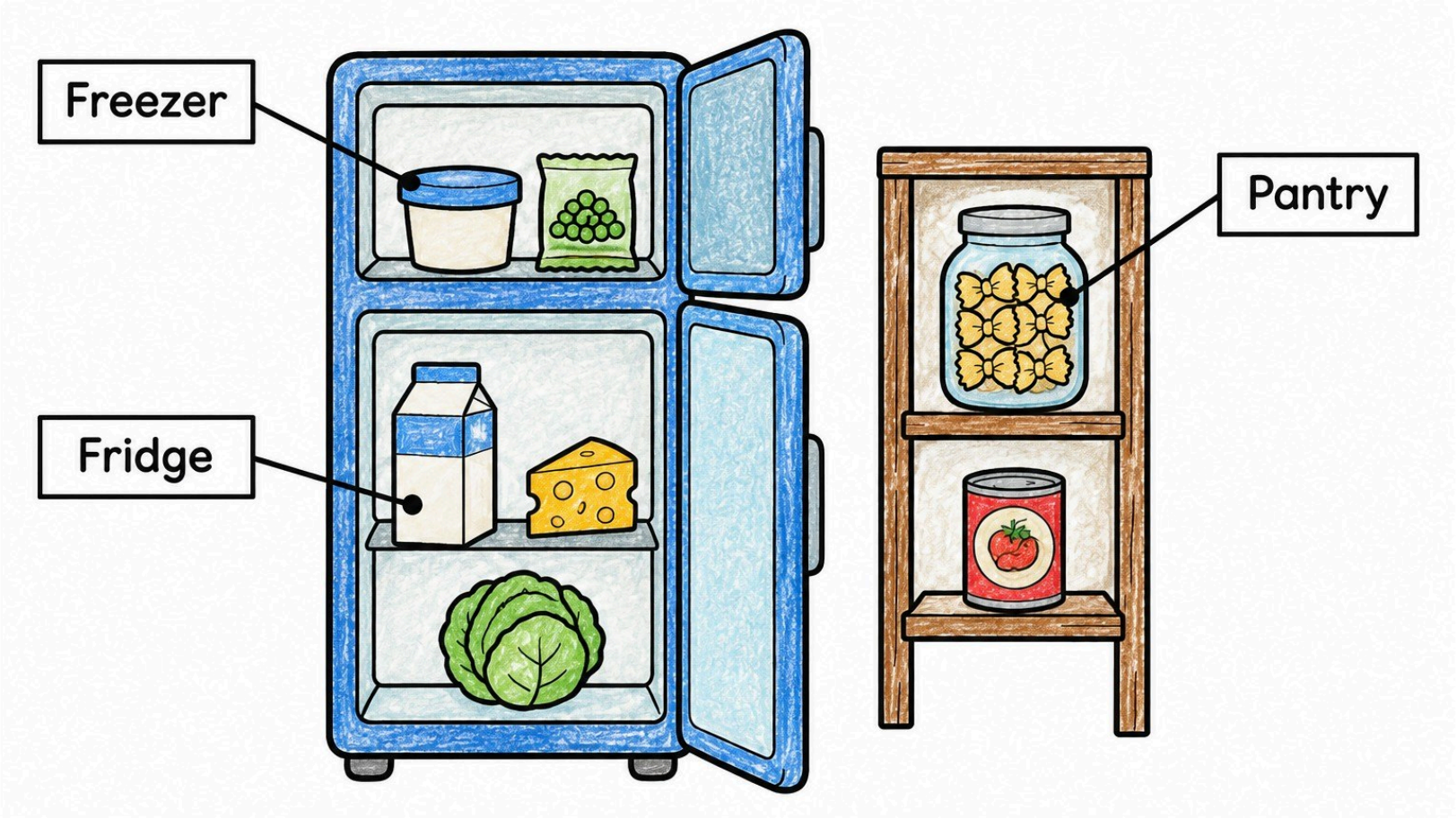
Storing Our Food Safely



Storing Our Food Safely



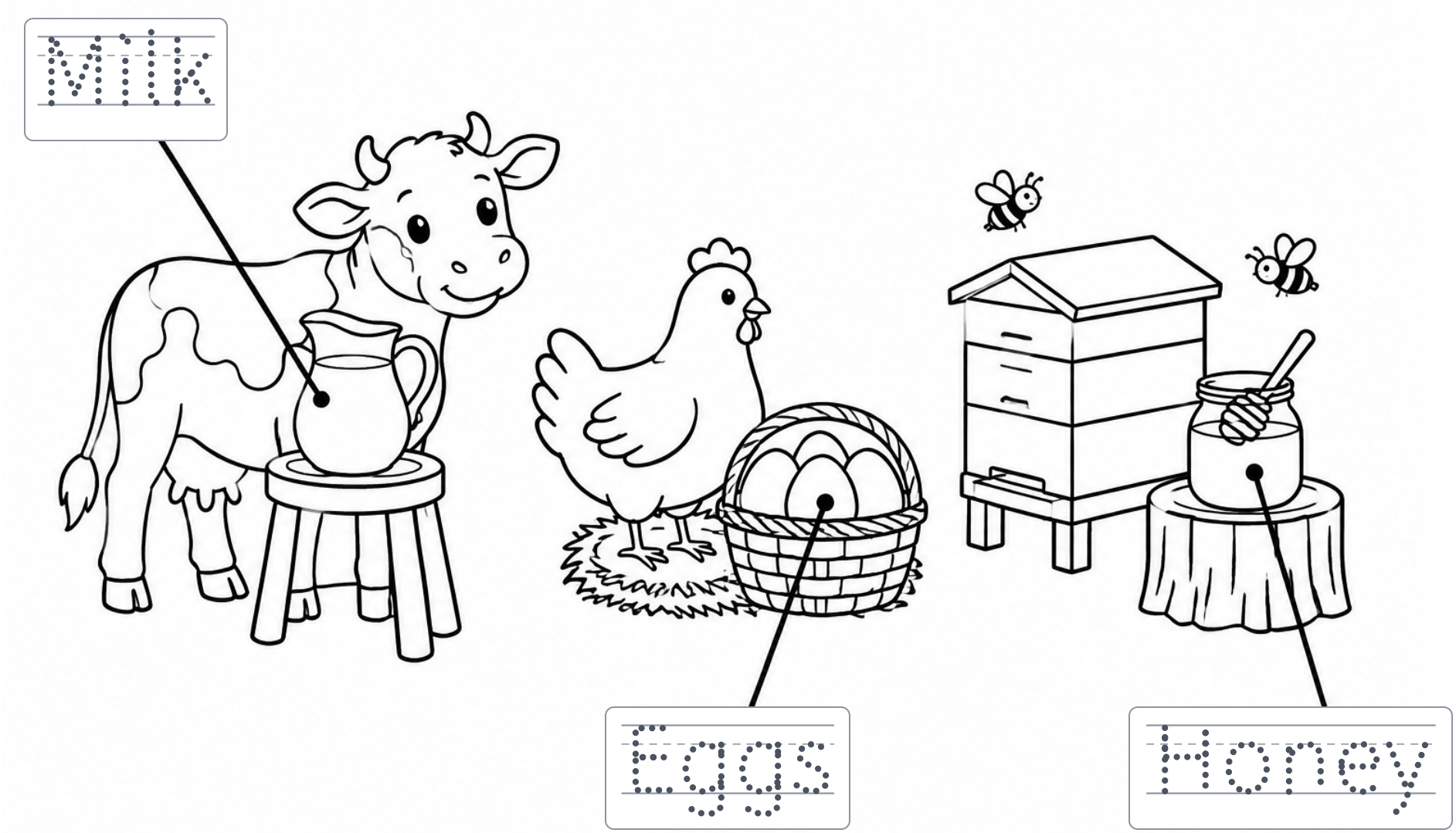
Storing Our Food Safely



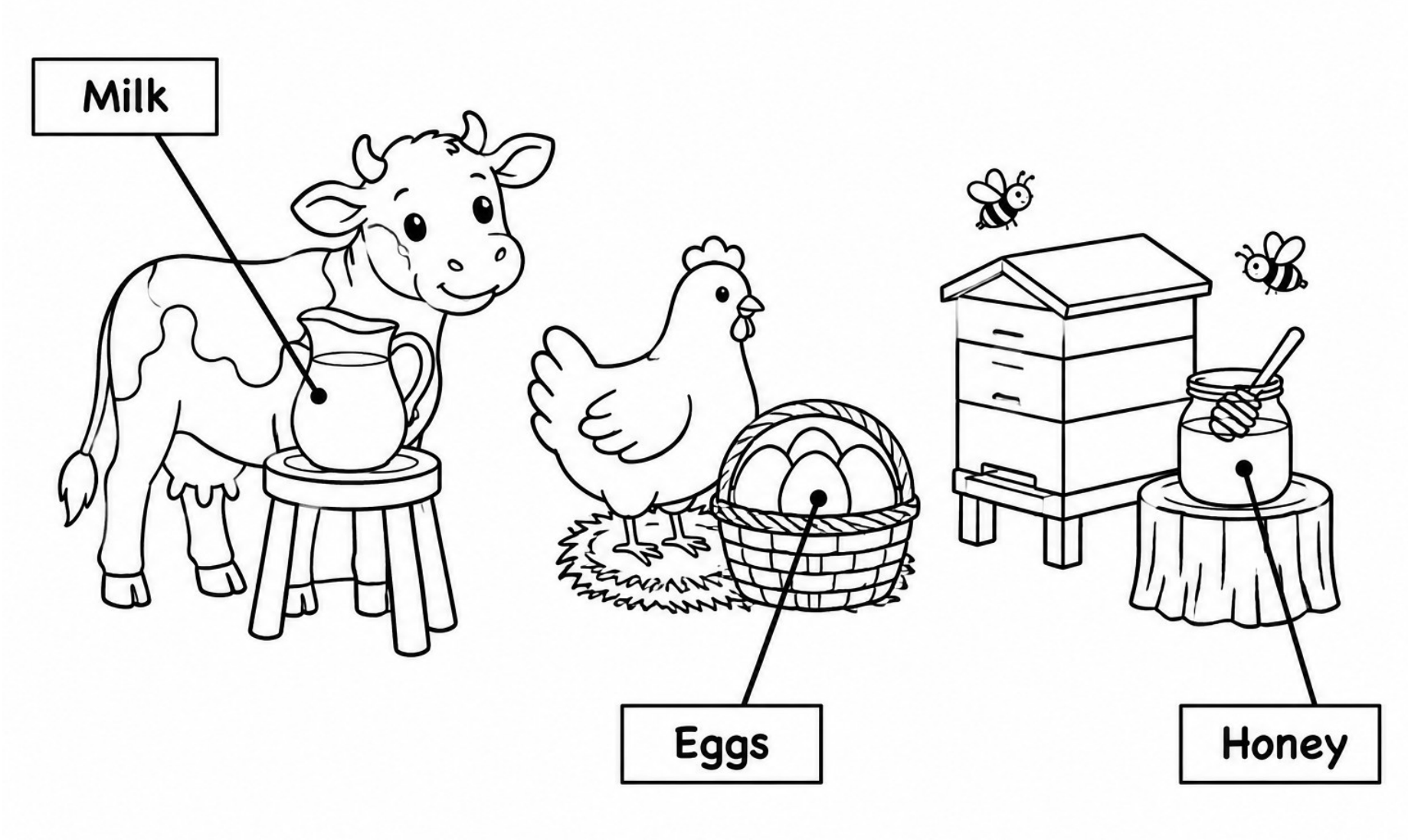
Trace the words. Then color the picture.

Name _____ Date _____

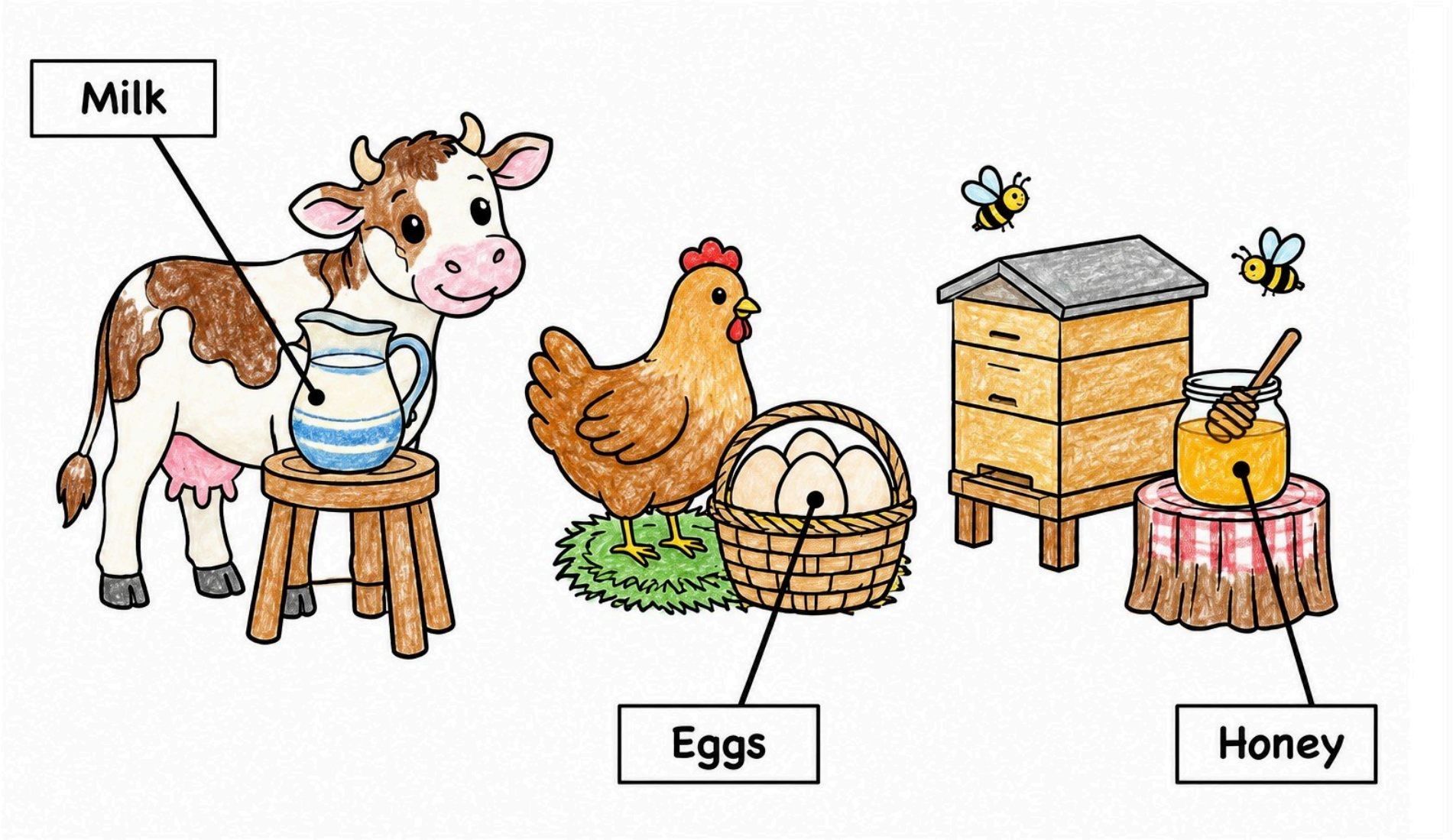
Foods From the Farm



Foods From the Farm



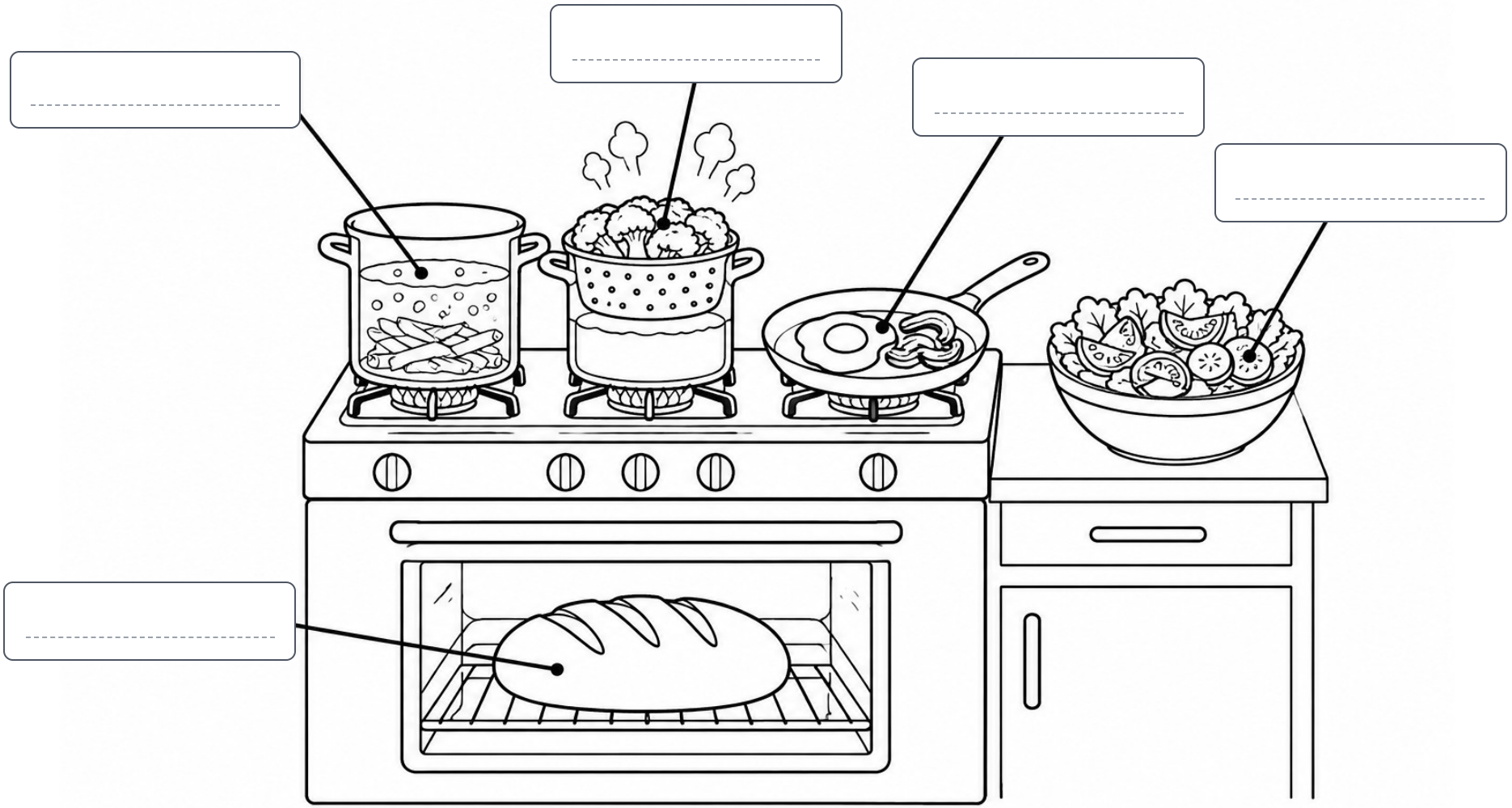
Foods From the Farm



Write the missing words. Use the word bank.

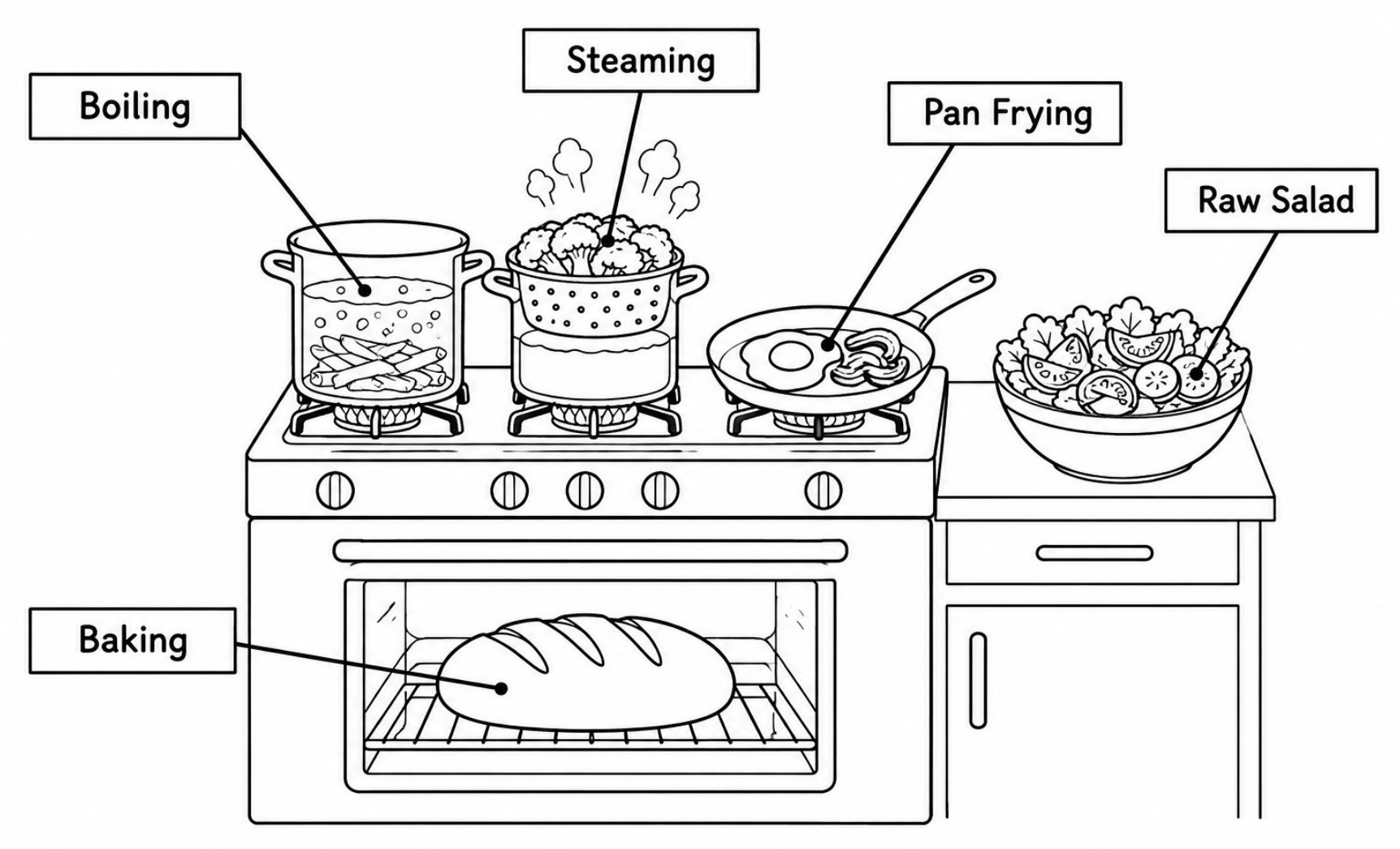
Name _____ Date _____

Ways We Cook Food

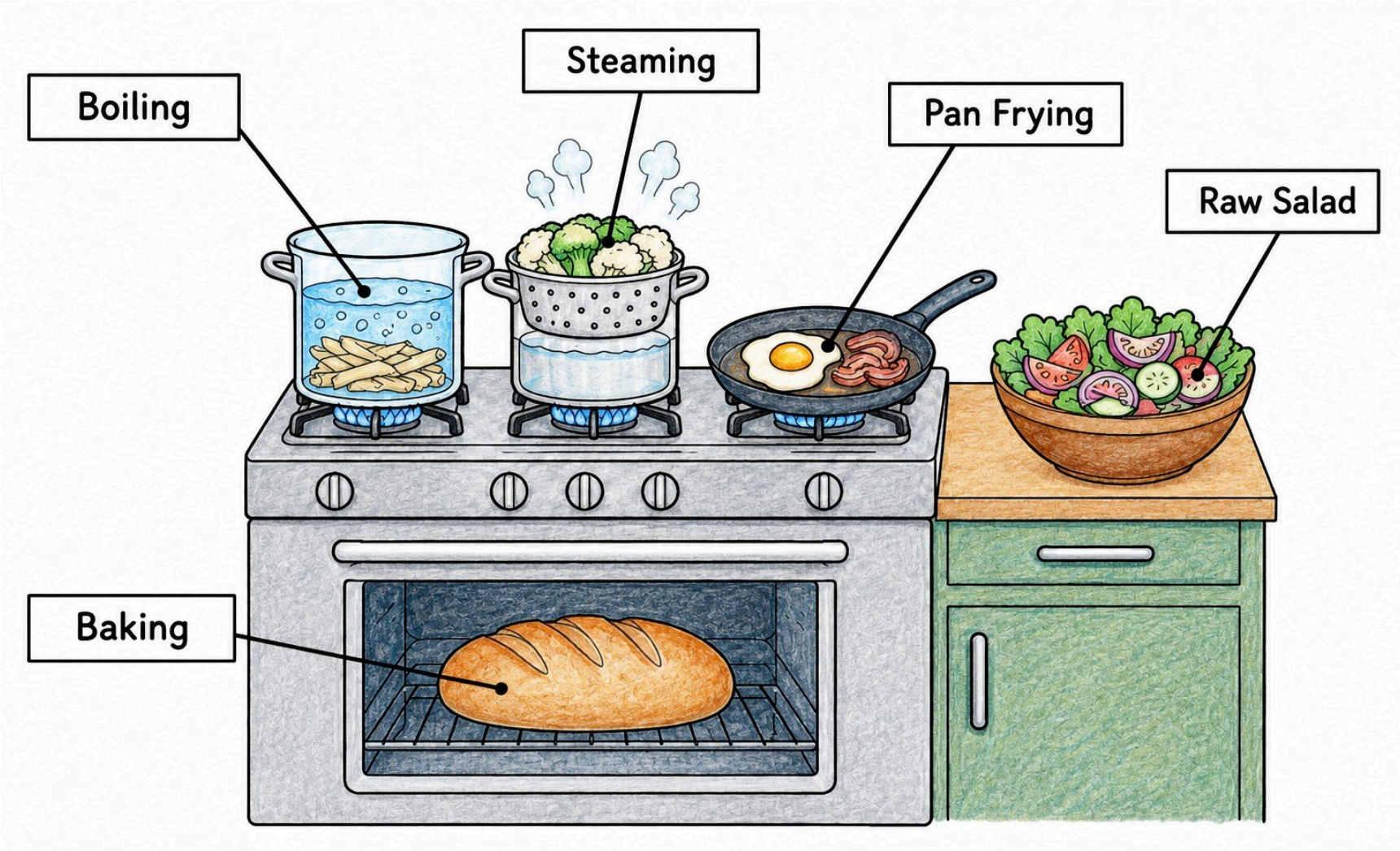


WORD BANK Raw Salad • Boiling • Steaming • Pan Frying • Baking

Ways We Cook Food



Ways We Cook Food



Write the missing words. Use the word bank.

Name _____ Date _____

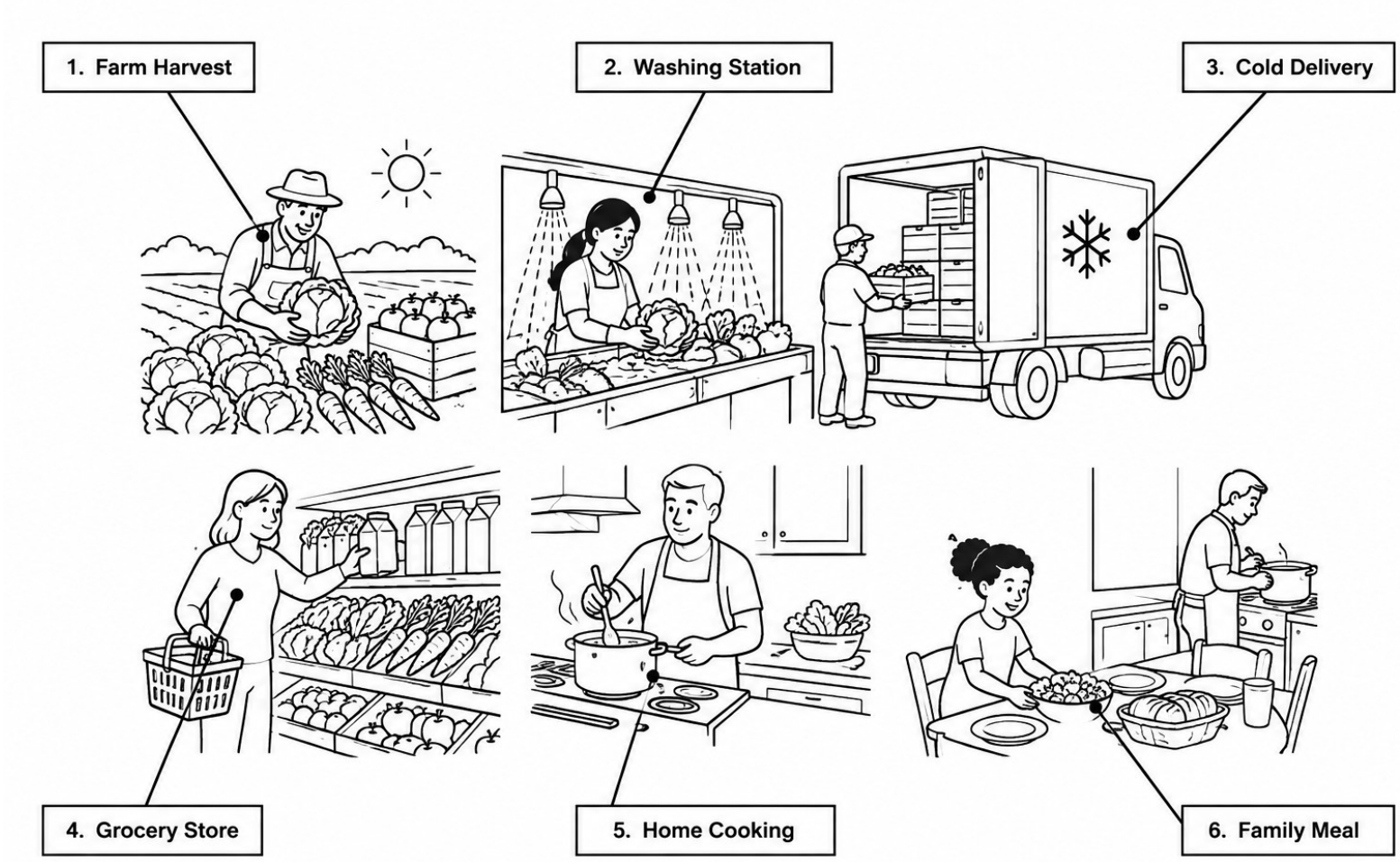
From Farm to Our Table



WORD BANK

1. Farm Harvest • 2. Washing Station • 5. Home Cooking • 3. Cold Delivery • 6. Family Meal • 4. Grocery Store

From Farm to Our Table



From Farm to Our Table

