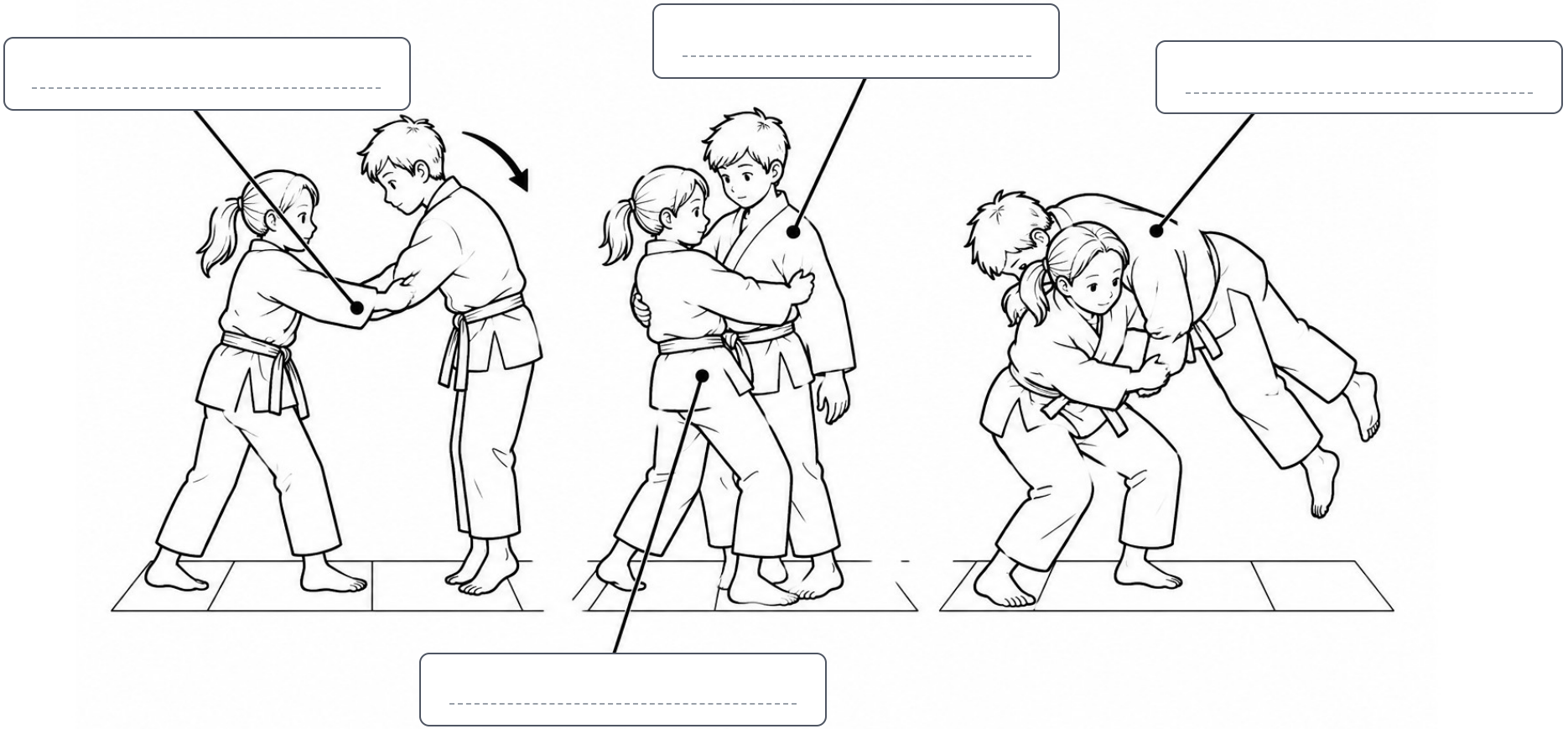
Write the missing words. Use the word bank.

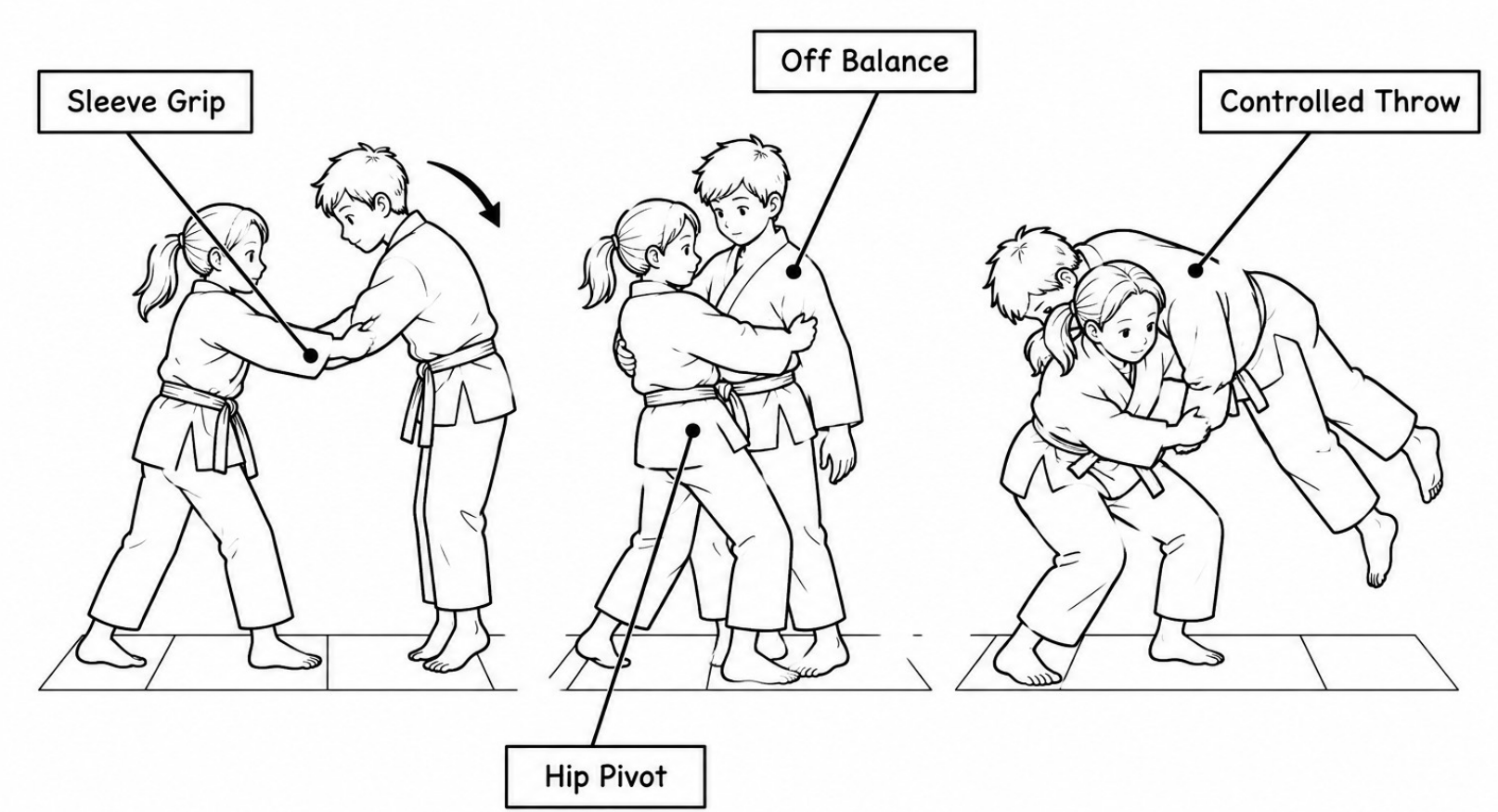
Name _____ Date _____

How a Hip Throw Works



WORD BANK Off Balance • Controlled Throw • Hip Pivot • Sleeve Grip

How a Hip Throw Works



How a Hip Throw Works

