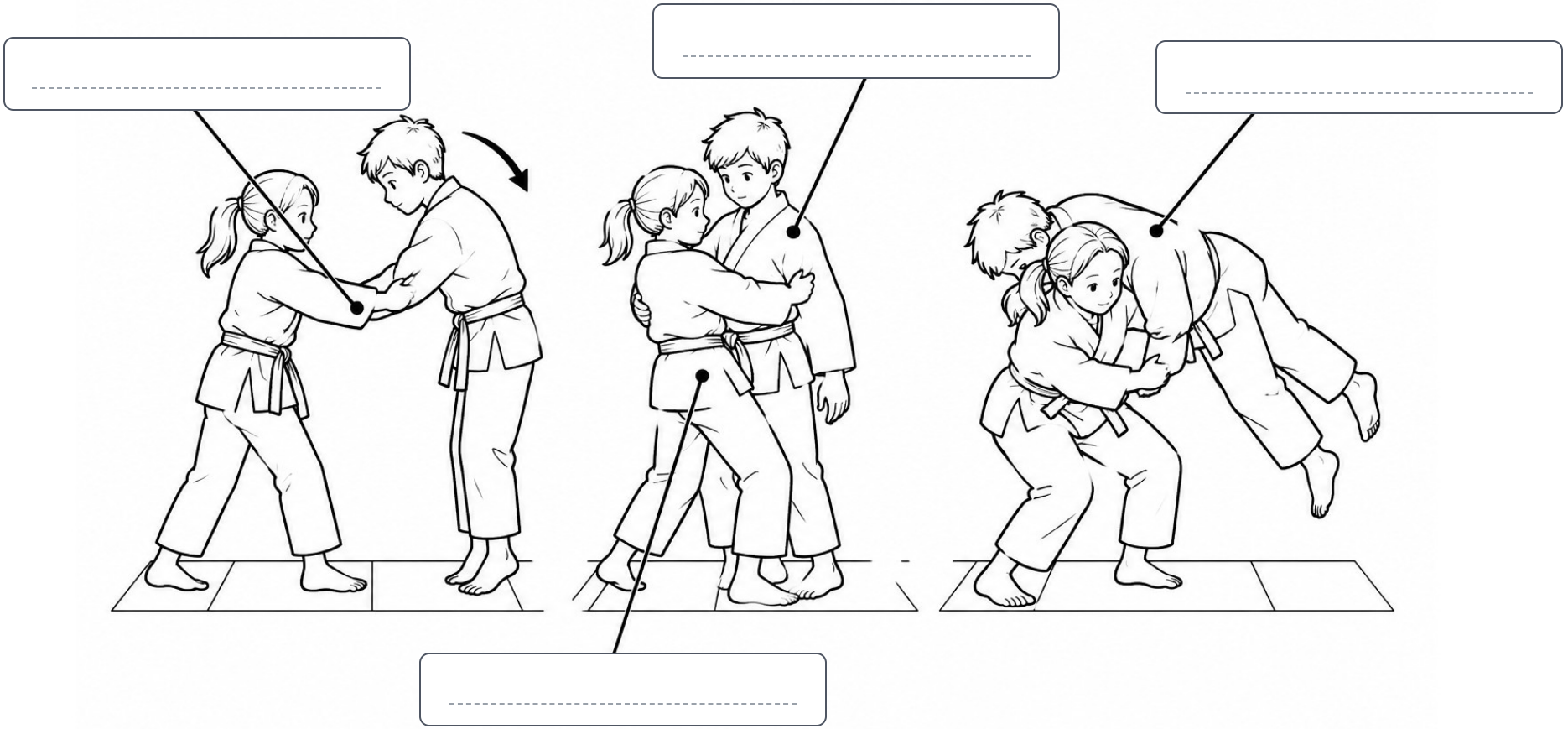
Write the missing words. Use the word bank.

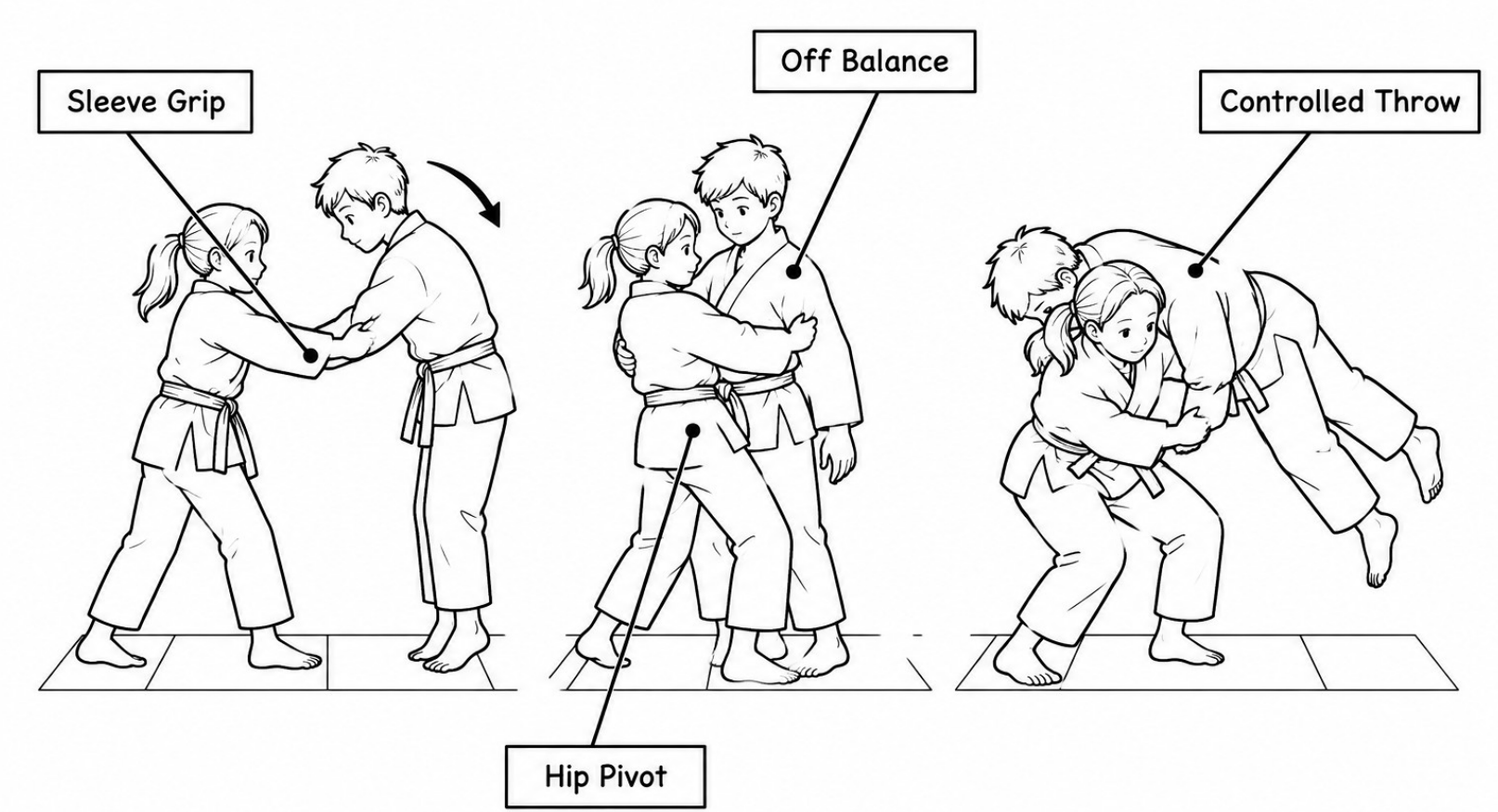
Name _____ Date _____

How a Hip Throw Works

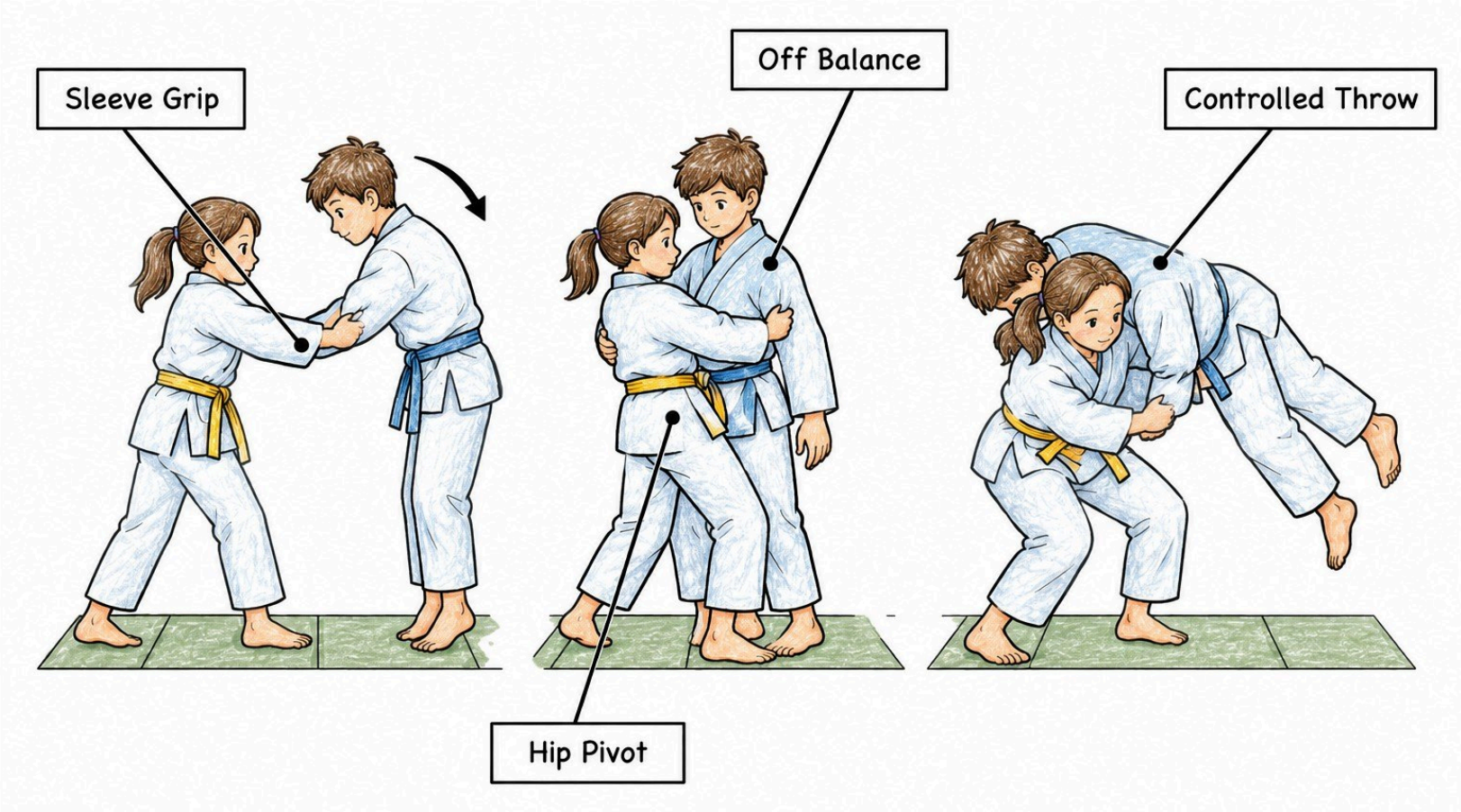


WORD BANK Off Balance • Controlled Throw • Hip Pivot • Sleeve Grip

How a Hip Throw Works



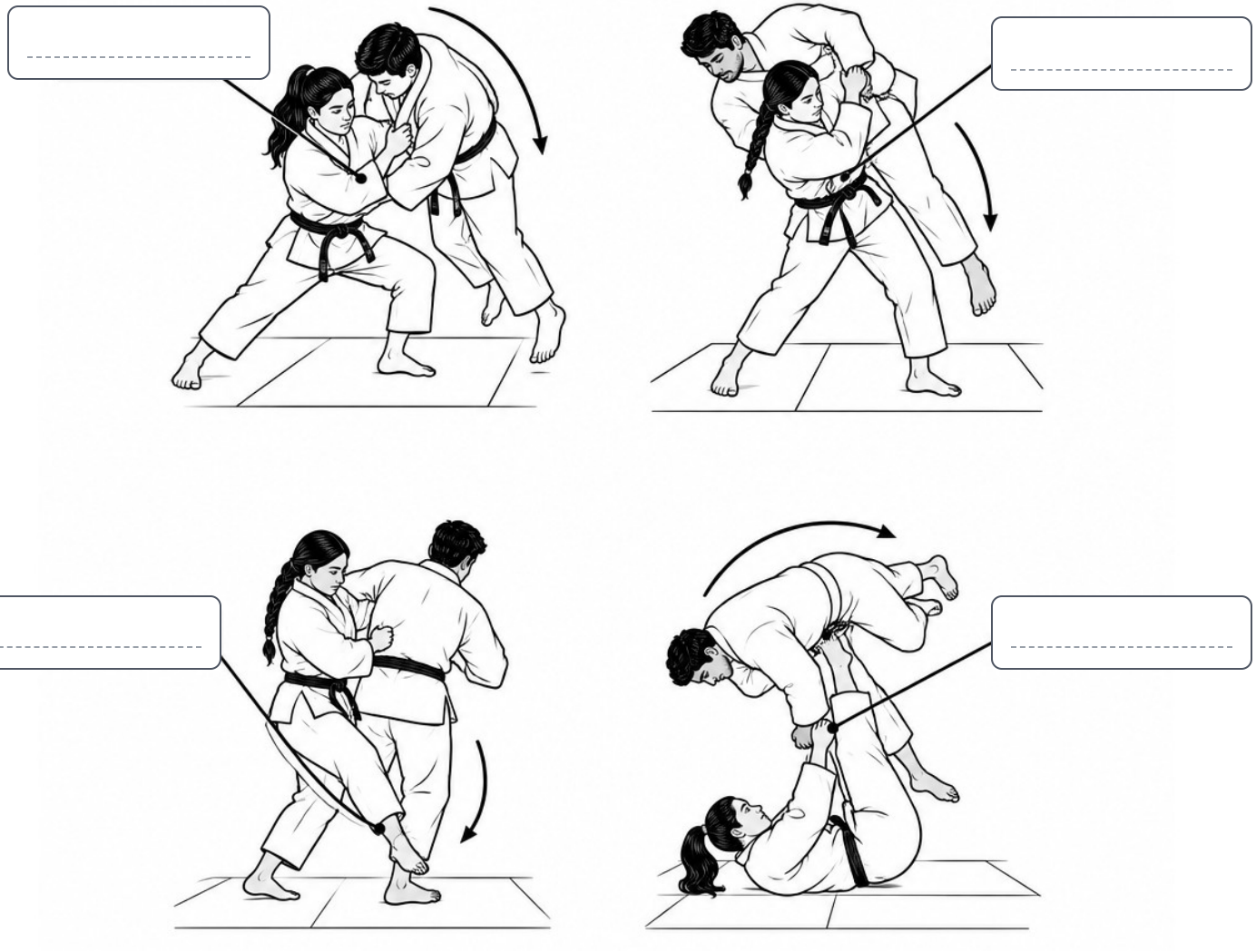
How a Hip Throw Works



Write the missing words. Use the word bank.

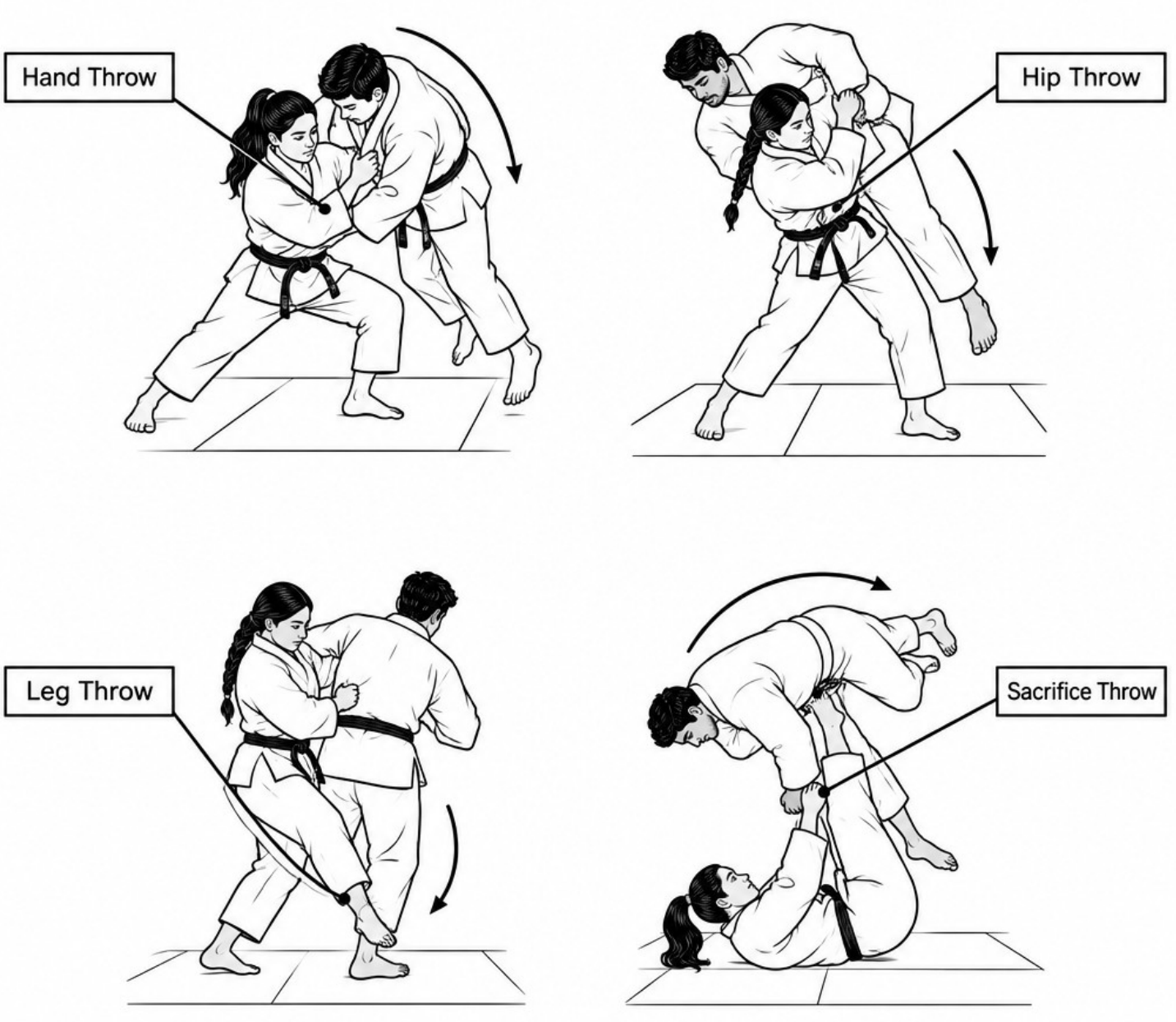
Name _____ Date _____

Four Families of Throws

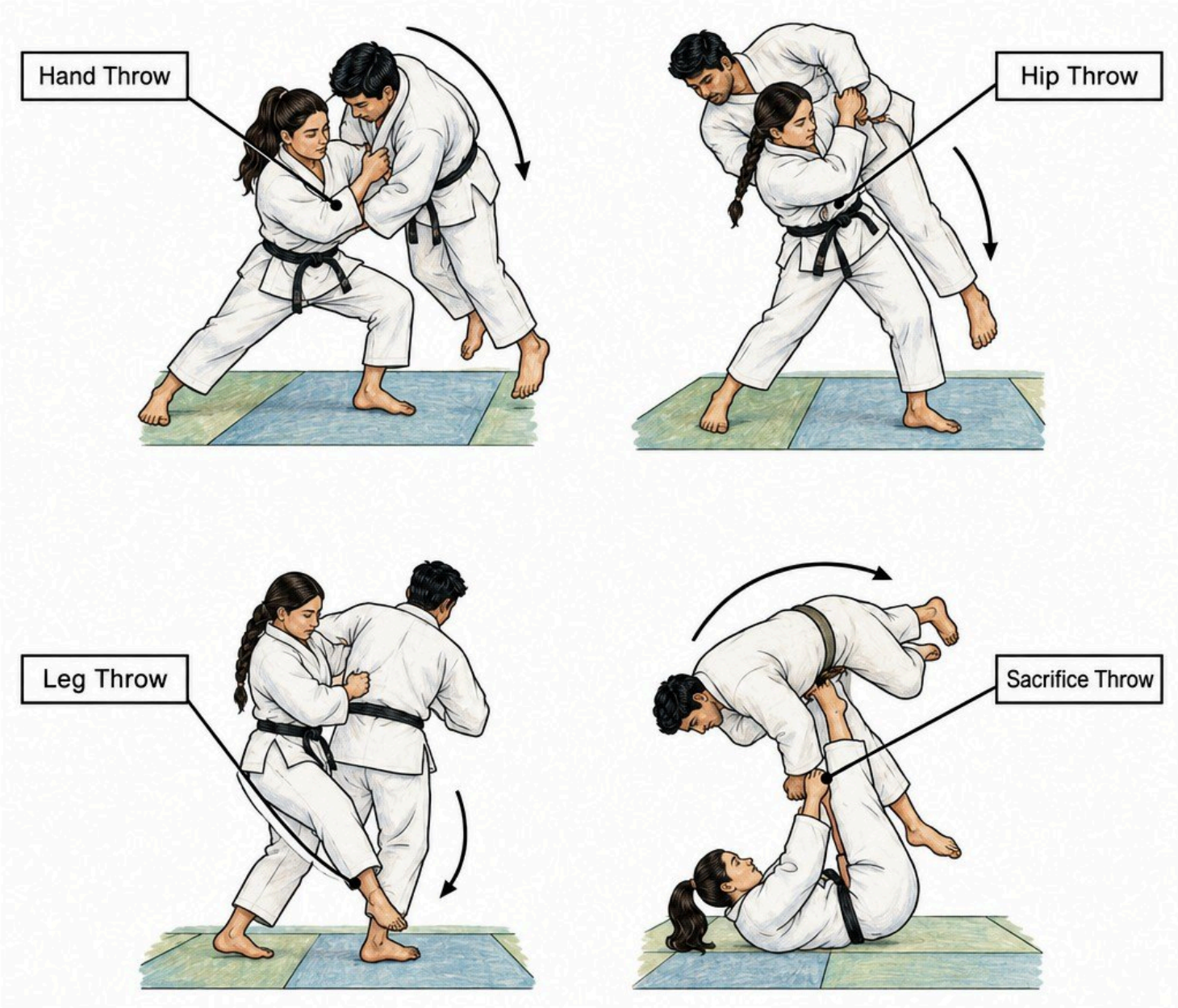


WORD BANK Sacrifice Throw • Hip Throw • Leg Throw • Hand Throw

Four Families of Throws



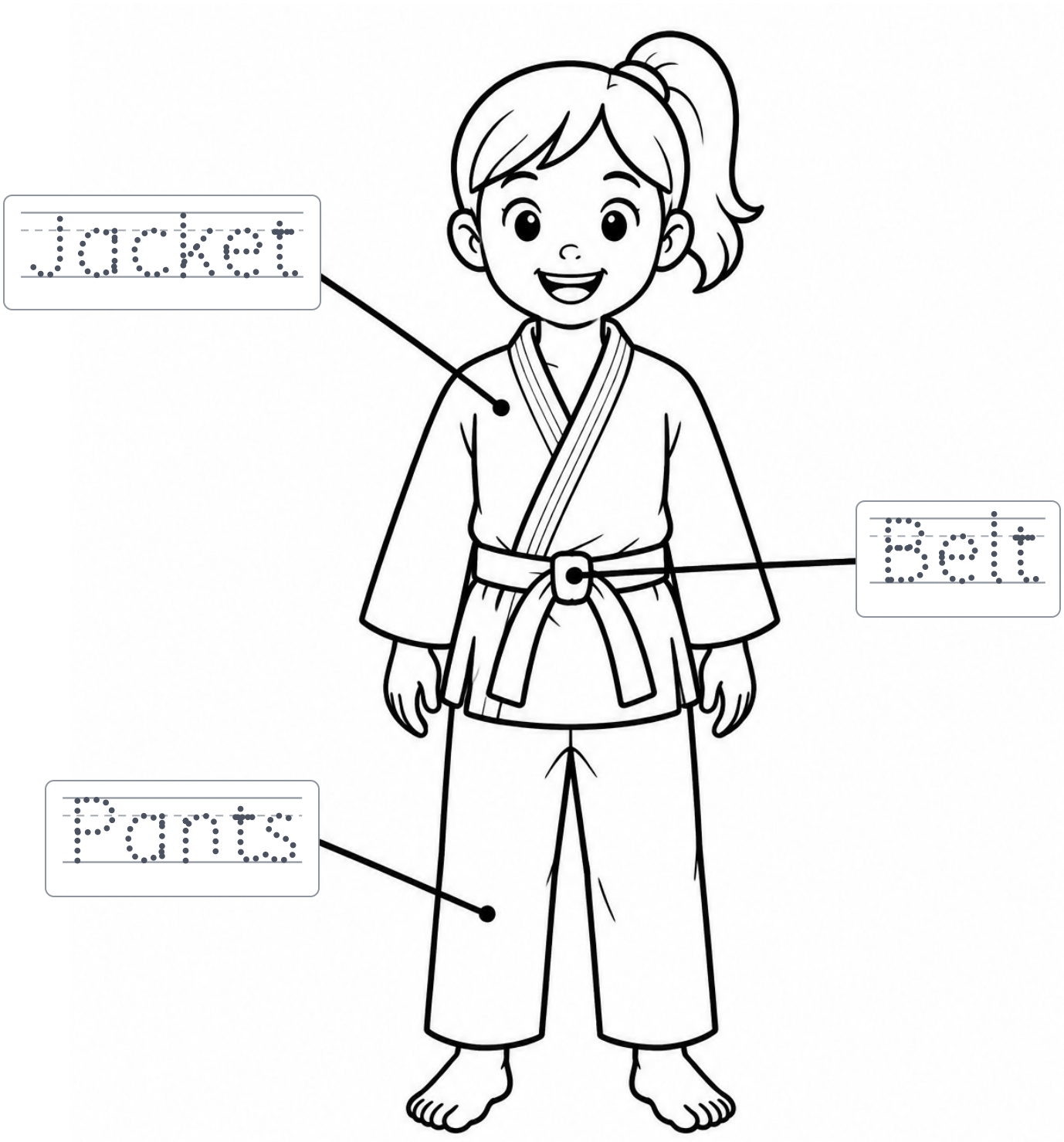
Four Families of Throws



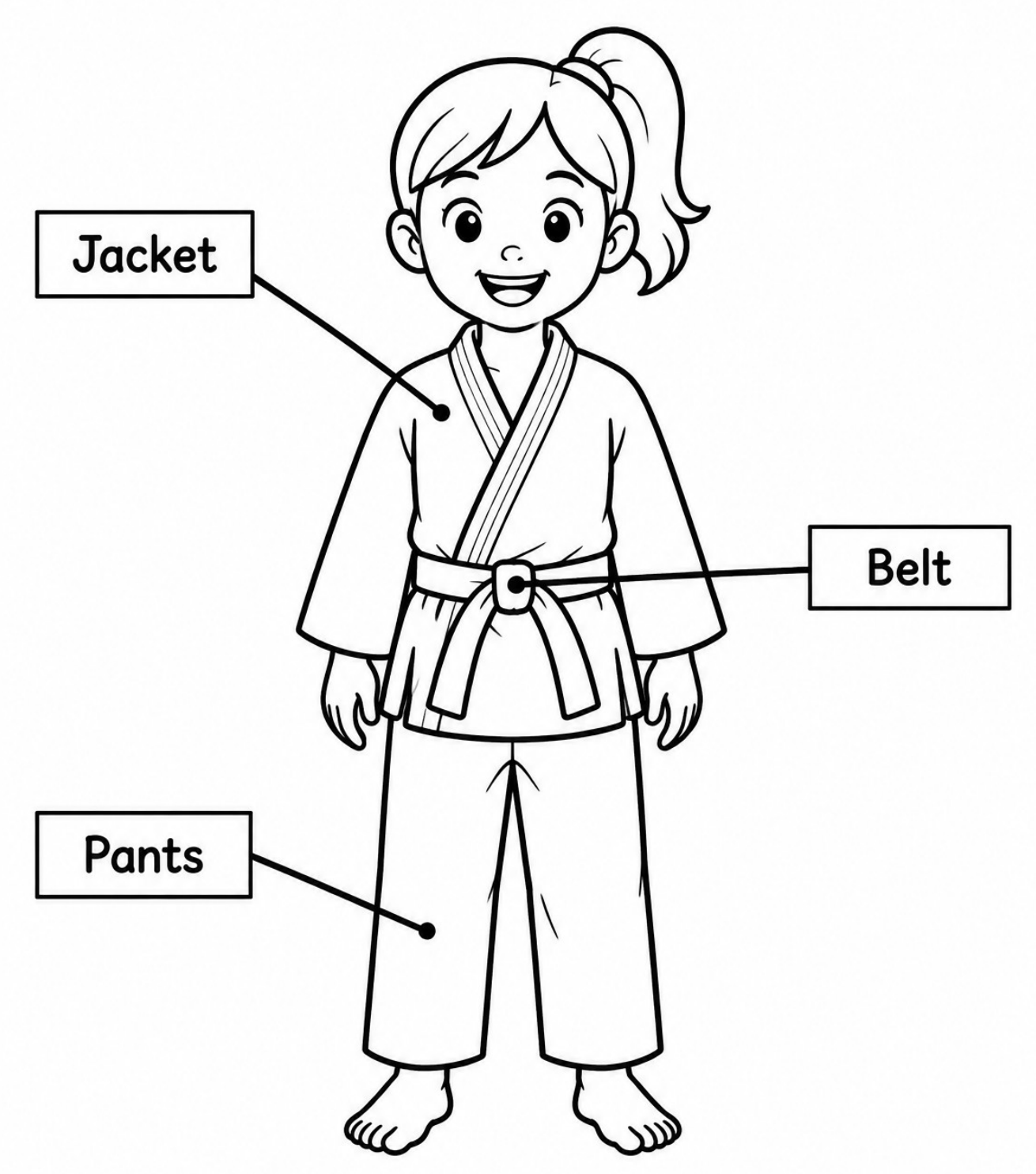
Trace the words. Then color the picture.

Name _____ Date _____

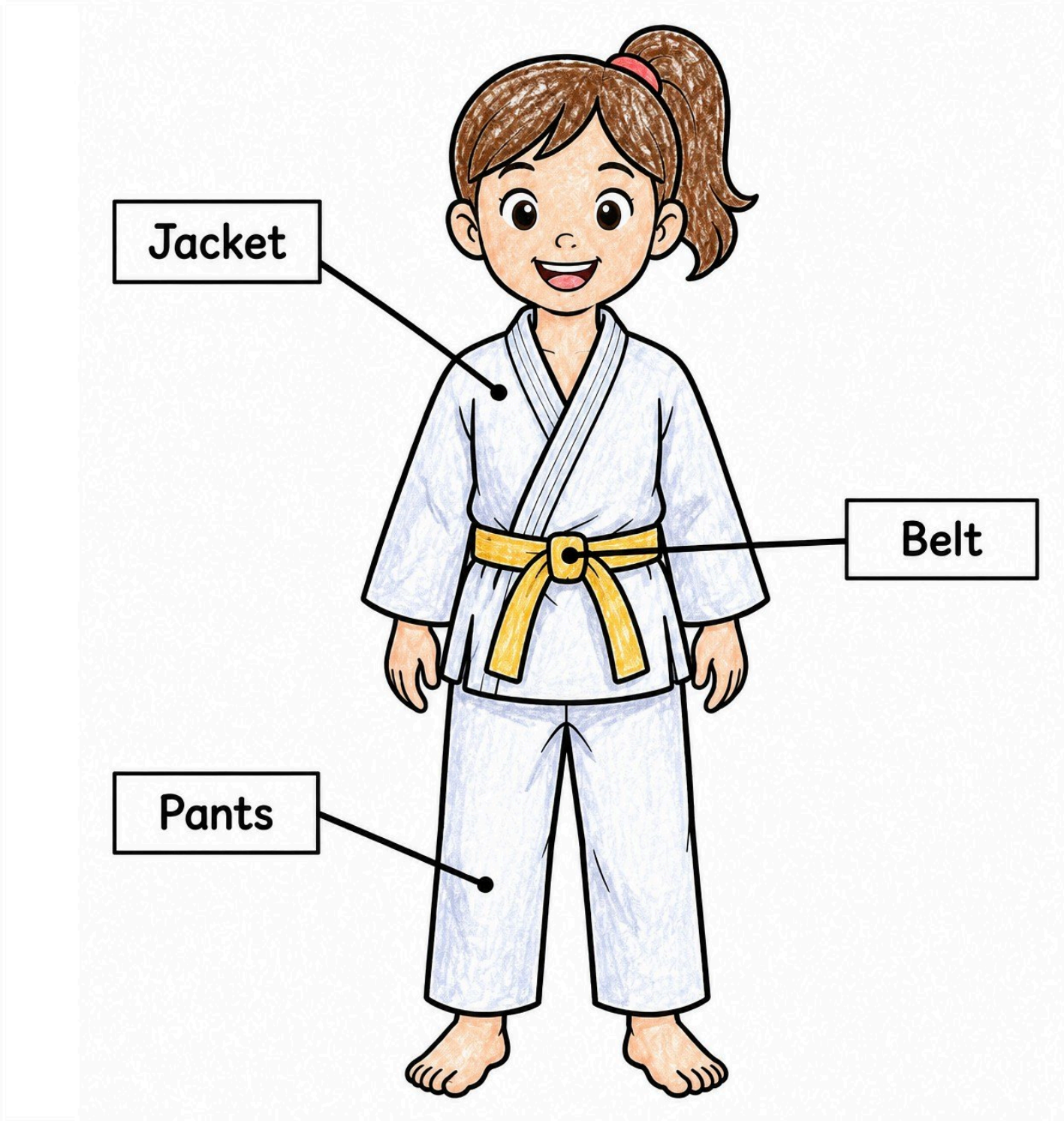
The Judo Uniform



The Judo Uniform



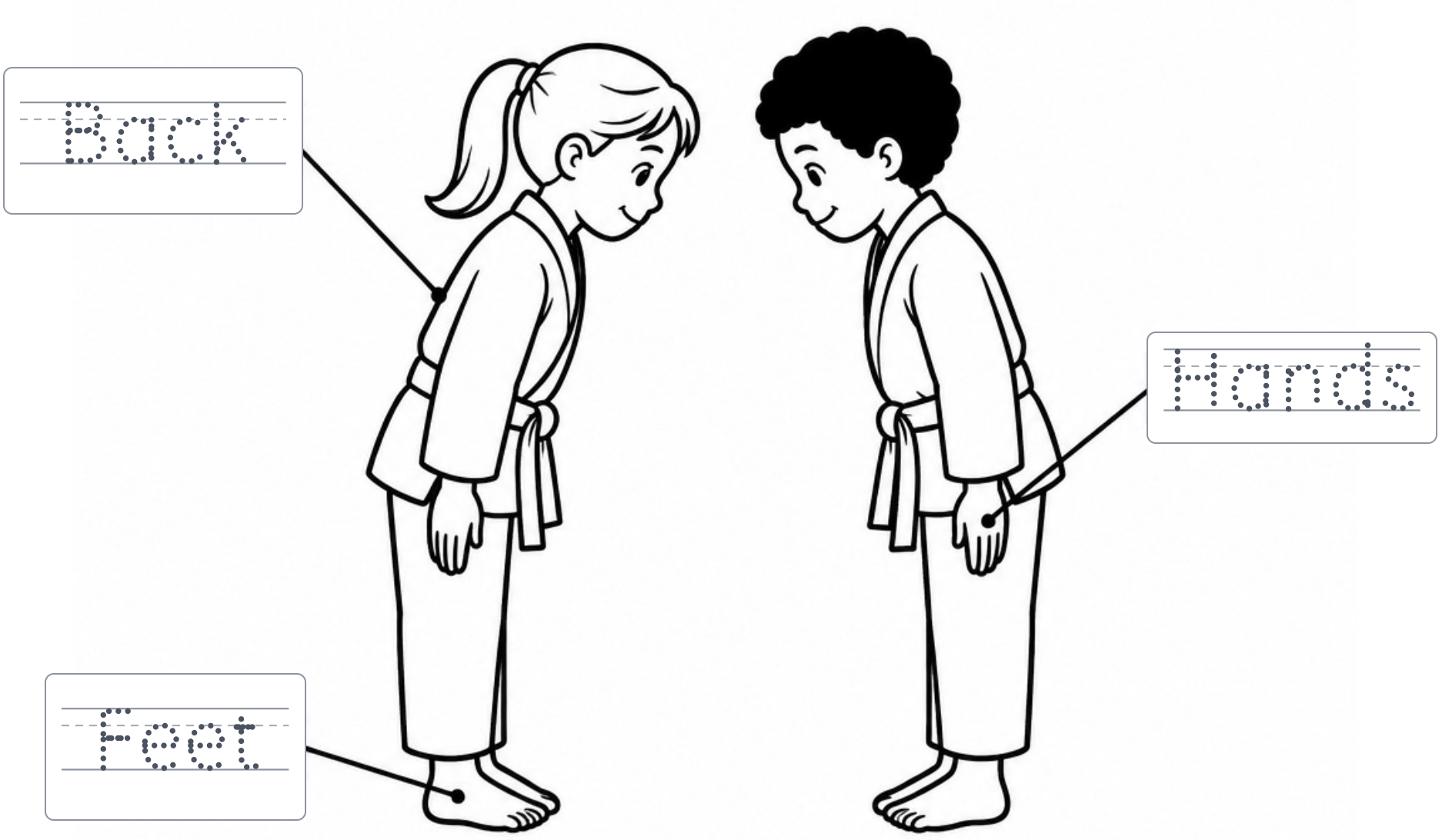
The Judo Uniform



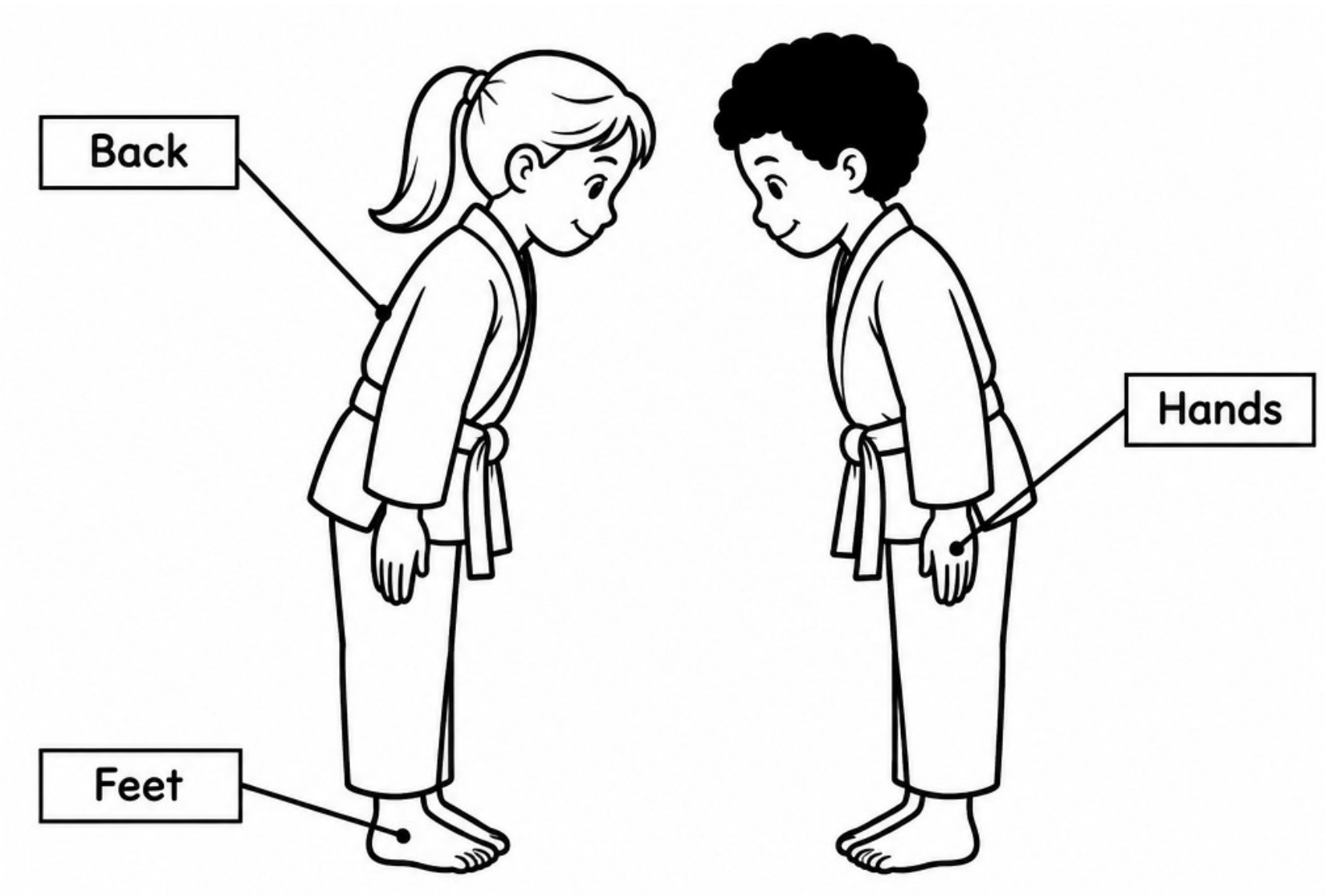
Trace the words. Then color the picture.

Name _____ Date _____

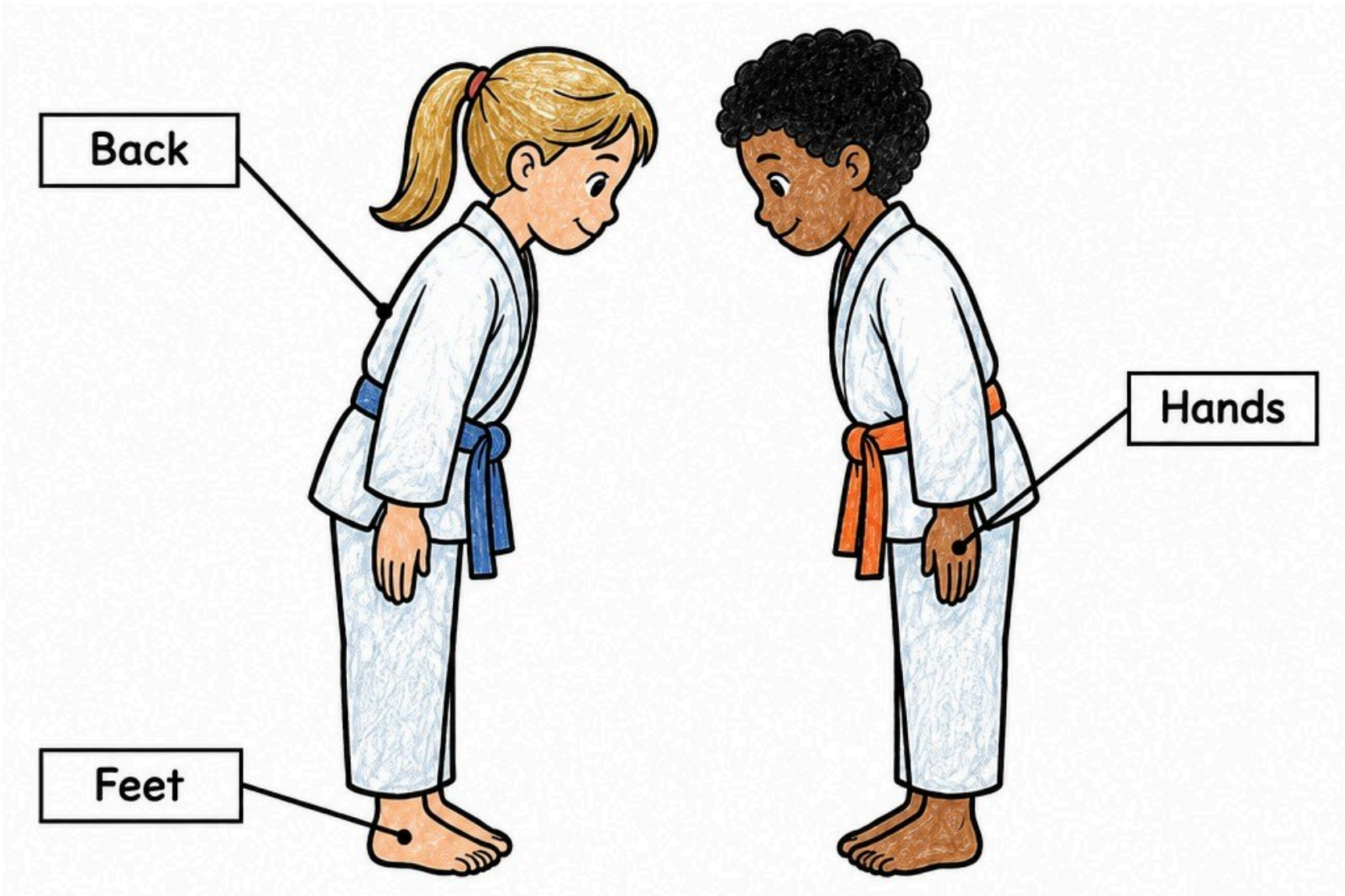
Bowing with Respect



Bowing with Respect



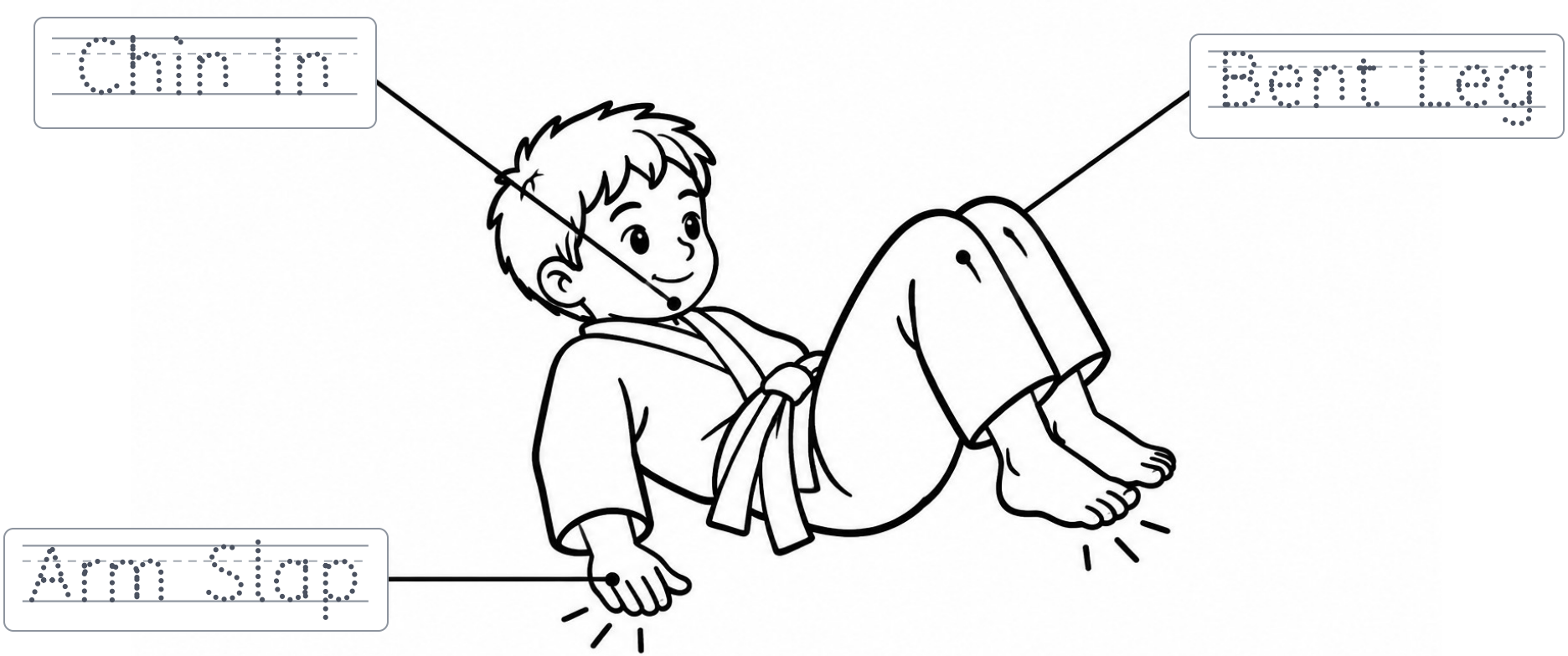
Bowing with Respect



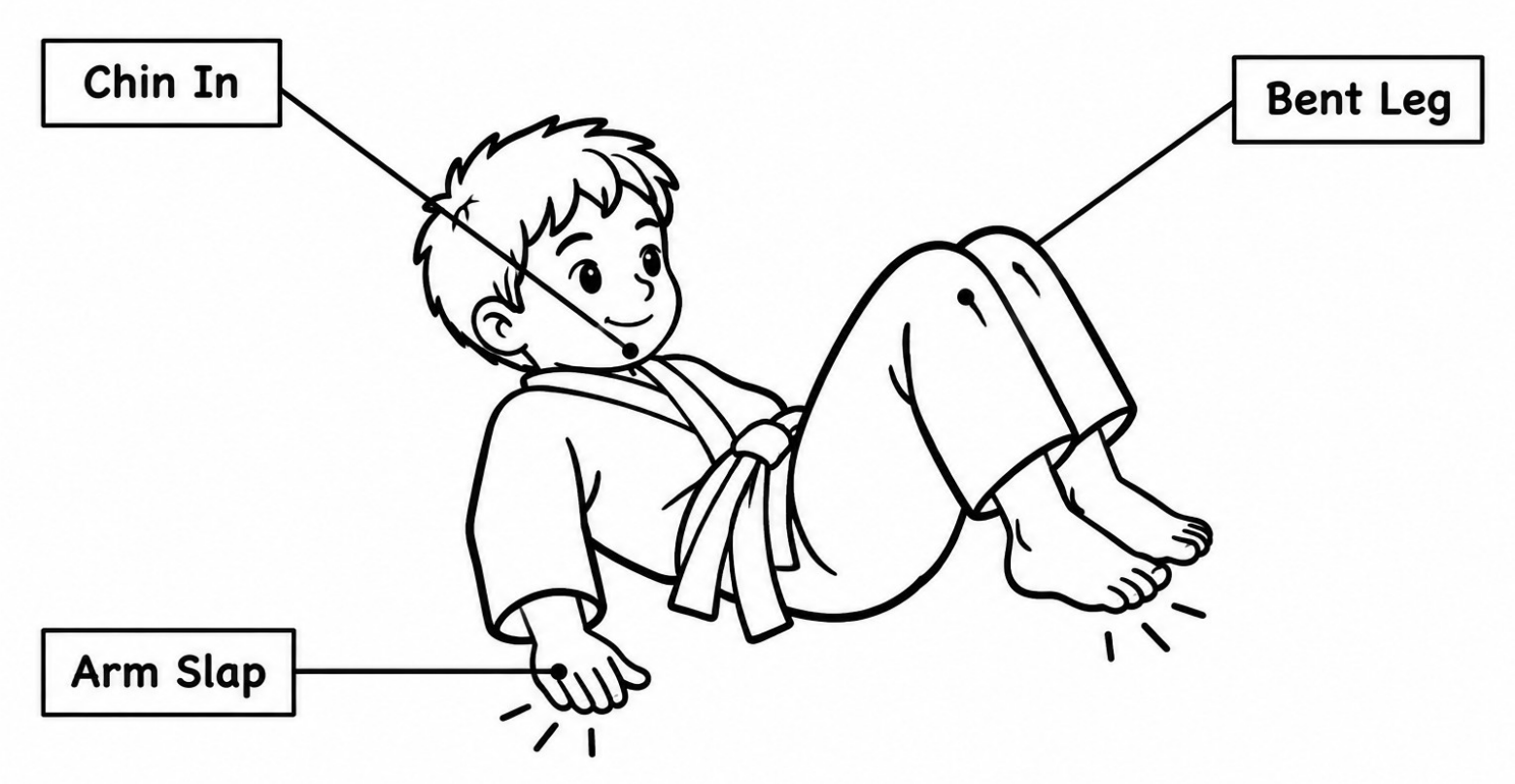
Trace the words. Then color the picture.

Name _____ Date _____

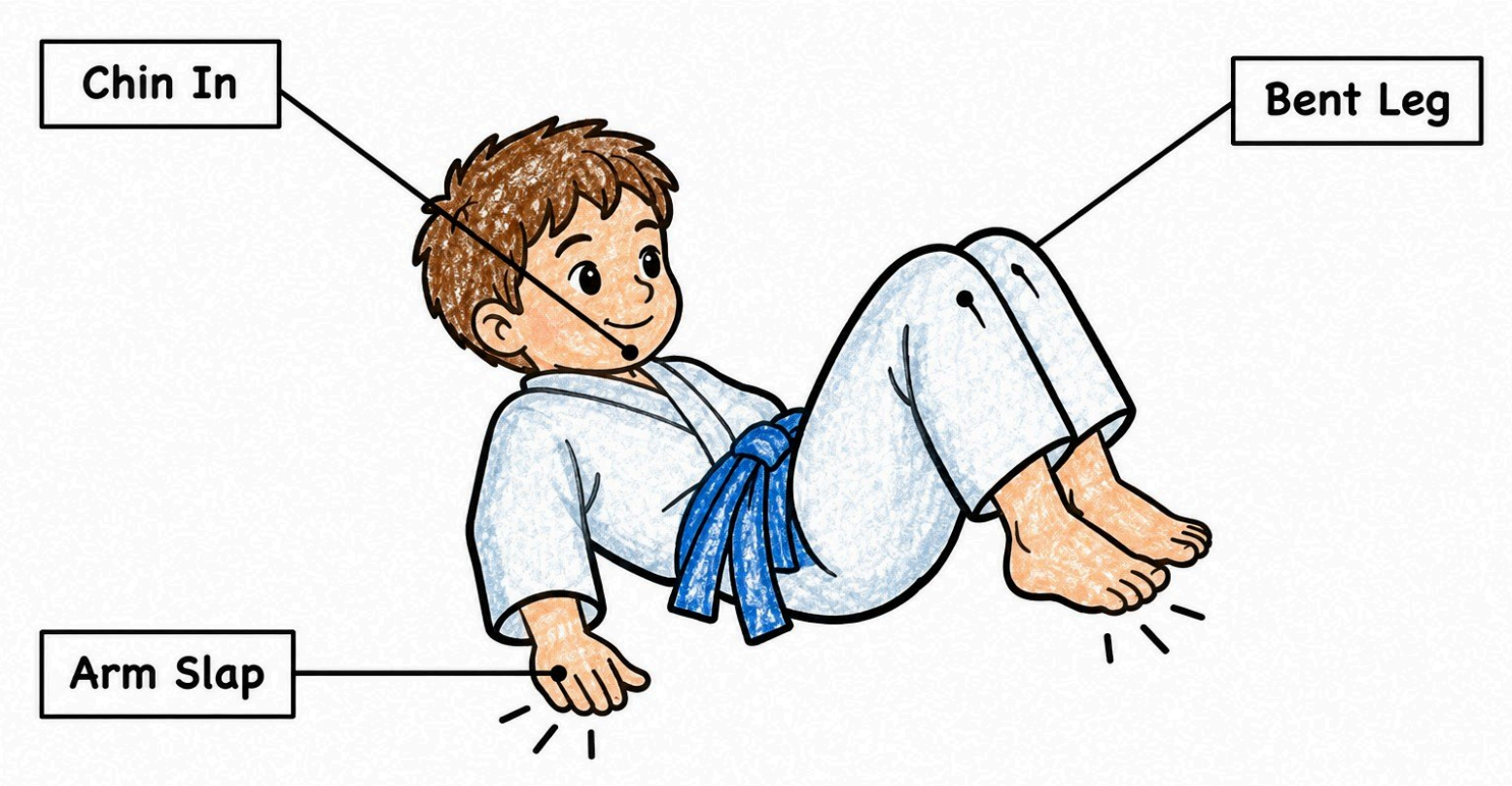
Practicing a Safe Fall



Practicing a Safe Fall



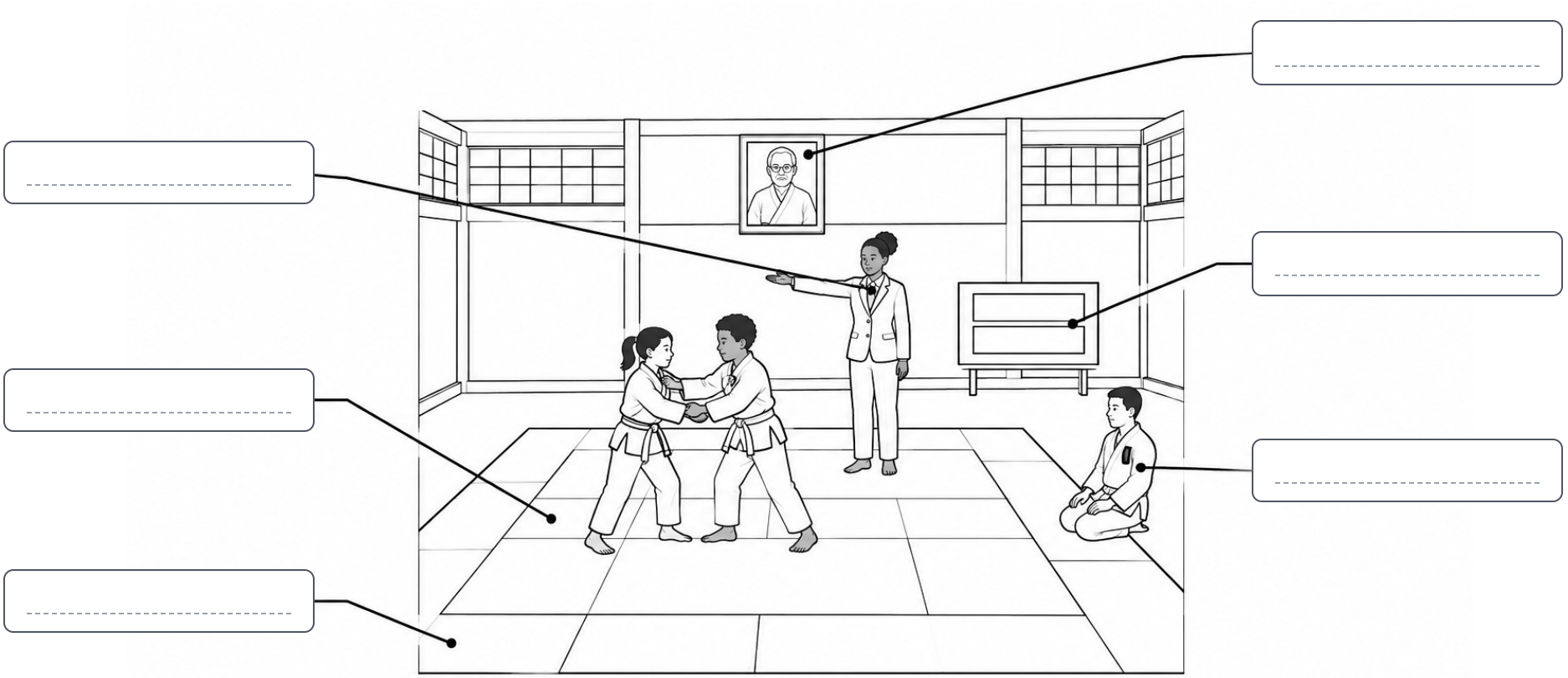
Practicing a Safe Fall



Write the missing words. Use the word bank.

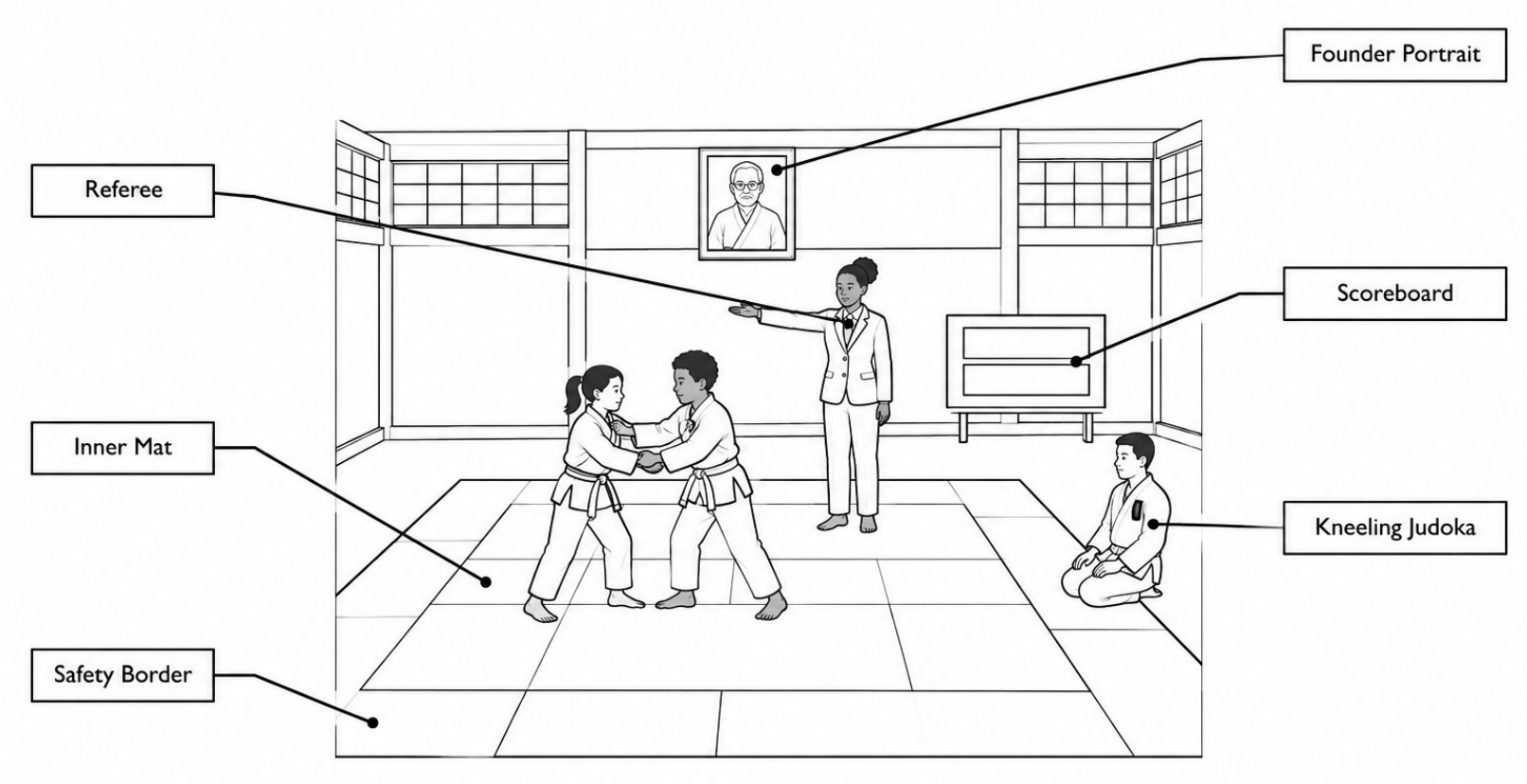
Name _____ Date _____

Inside a Judo Dojo



WORD BANK Kneeling Judoka • Inner Mat • Founder Portrait • Safety Border • Referee • Scoreboard

Inside a Judo Dojo



Inside a Judo Dojo

